

Final Results
最終結果

REVISED
22 OCT 9:49

WR	123kg GUO Lingling	CHN	23 OCT 2023 Hangzhou (CHN)
AR	123kg GUO Lingling	CHN	23 OCT 2023 Hangzhou (CHN)
GR	123kg GUO Lingling	CHN	23 OCT 2023 Hangzhou (CHN)

Lot No.	Name	SDMS No.	NPC Code	Date of Birth	Body Weight	Attempts				Best Lift	Rank
						1	2	3	PL		
1	CUI Zhe	9393	CHN	1 DEC 1986	40.9	110	115	120		120	1
2	KABYL Tursynay	35197	KAZ	7 JAN 2000	40.5	100	102	104		104	2
3	WIDIASIH Ni Nengah	9644	INA	12 DEC 1992	40.4	97	99	102		97	3
4	RAJAPOVA Umida	58185	UZB	1 JUL 2003	40.9	90	94	98		94	4
6	PAMATI-AN Marydol	22237	PHI	17 FEB 1984	39.5	84	84	82		82	5
5	ELIANA	67857	INA	25 JUL 1997	38.6	80	83	83		80	6
7	YANG Jieun	68635	KOR	30 MAR 1981	40.3	63	67	70		70	7

Legend:

185 Indicates an unsuccessful attempt at that weight.

LG Lift Challenge Rejected **Lot No.** Lot Number

AR Asian Record

PL Power Lift

GR Asian Para Games Record

WR World Record

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In accordance with request from AINAGOC, APGR has been updated to GR

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Final Results 最終結果

REVISED
22 OCT 9:49

WR	125kg GUO Lingling	CHN	14 OCT 2025 Cairo (EGY)
AR	125kg GUO Lingling	CHN	14 OCT 2025 Cairo (EGY)
GR	116kg CUI Zhe	CHN	24 OCT 2023 Hangzhou (CHN)

Lot No.	Name	SDMS No.	NPC Code	Date of Birth	Body Weight	Attempts				Best Lift	Rank
						1	2	3	PL		
1	GUO Lingling	16835	CHN	18 AUG 1989	43.9	120	125	126		126	1
2	SOLODUKHINA Alina	39661	KAZ	1 JAN 1994	44.5	103	104	104		103	2
3	BERIMKULOVA Aizhan	53974	KAZ	18 SEP 1998	44.4	97	99	101		101	3
4	JASPREET KAUR	54303	IND	17 MAY 1993	44.8	100	102	102		100	4
6	ALI Amal	20465	BRN	30 DEC 1991	43.3	80	82	83		80	5
5	GUION Achelle	9652	PHI	29 DEC 1971	44.2	70	75	80		75	6
7	KANG Dayoung	66408	KOR	30 JUL 1999	43.9	60	65	65		65	7
8	RAI Rajani	35666	NEP	27 JAN 2000	44.8	40	44	46		44	8

Records:

126kg GUO Lingling

CHN

WR, AR, GR

Legend:

185 Indicates an unsuccessful attempt at that weight.

Lot No. Lot Number

PL Power Lift

AR Asian Record

WR World Record

GR Asian Para Games Record

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In accordance with request from AINAGOC, APGR has been updated to GR

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Final Results 最終結果

REVISED
22 OCT 9:49

WR	131kg OYEMA Esther	NGR	10 APR 2018 Gold Coast (AUS)
AR	123kg XIAO Jinping	CHN	21 JUN 2024 Tbilisi (GEO)
GR	110kg WEI Yi	CHN	24 OCT 2023 Hangzhou (CHN)

Lot No.	Name	SDMS No.	NPC Code	Date of Birth	Body Weight	Attempts				Best Lift	Rank
						1	2	3	PL		
1	XIAO Peiqing	66374	CHN	14 DEC 2001	48.5	117	120	122	124	124	1
2	TASHPULATOVA Nasiba	58190	UZB	2 DEC 1995	48.9	111	116	121 ^{LC}	123	123	2
3	LANG Yurong	59482	CHN	25 DEC 2005	49.7	110 ^{LC}	113	115		113	3
4	KURMANBAYEVA Gulim	42675	KAZ	6 APR 1988	49.4	105	108	111		111	4
6	DANG Thi Linh Phuong	17473	VIE	12 APR 1983	49.8	98	106	114		98	5
7	YAMAMOTO Eri	23932	JPN	17 MAY 1983	49.8	58	63	67		63	6
5	NURILLAEVA Dildorakhon	51784	UZB	26 DEC 2004	49.7	106 ^{LC}	106	114		-	

Records:

124kg XIAO Peiqing

CHN

AR, GR

Legend:

185 Indicates an unsuccessful attempt at that weight.

LC Lift Challenge Approved

WR World Record

LC

Lift Challenge Rejected

AR Asian Record

Lot No. Lot Number

GR Asian Para Games Record

PL Power Lift

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In accordance with request from AINAGOC, APGR has been updated to GR

Timing & Results provided by **BORNAN**



Final Results
最終結果

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22 OCT 9:49

WR	135kg AHMED Rehab	EGY	22 JUN 2024 Tbilisi (GEO)
AR	132kg XIAO Jinping	CHN	5 MAR 2024 Dubai (UAE)
GR	127kg XIAO Jinping	CHN	25 OCT 2023 Hangzhou (CHN)

Lot No.	Name	SDMS No.	NPC Code	Date of Birth	Body Weight	Attempts				Best Lift	Rank
						1	2	3	PL		
2	AKHTAMOVA Akidakhon	55047	UZB	1 MAR 1993	54.5	120	122	128		128	1
1	XIAO Cuijuan	9588	CHN	19 APR 1986	54.3	115	117	NA		117	2
3	KRARATPET Kamolpan	49532	THA	12 MAR 2001	54.8	110	112	115		112	3
5	CHAU Hoang Tuyet Loan	9410	VIE	8 FEB 1975	54.1	98	103	108		108	4
6	ALZEYAUDI Mozah	22634	UAE	18 OCT 1992	55.0	80	85	85		80	5
7	NAKAMURA Hikari	35744	JPN	12 FEB 1991	53.2	68	72	75		72	6
4	TOLZHAN Fariza	49189	KAZ	6 DEC 1995	54.7	409	409 ^{LC}	409		-	

Records:
128kg AKHTAMOVA Akidakhon UZB GR

Legend:			
185	Indicates an unsuccessful attempt at that weight.	AR	Asian Record
LC	Lift Challenge Rejected	NA	No Attempt
WR	World Record	GR	Asian Para Games Record
		PL	Power Lift

REVISED In accordance with request from AINAGOC, APGR has been updated to GR

Timing & Results provided by BORNAN



Final Results 最終結果

REVISED
22 OCT 9:49

WR	150kg MARK Onyinyechi	NGR	6 SEP 2024 Paris (FRA)
AR	138kg CUI Jianjin	CHN	22 JUN 2024 Tbilisi (GEO)
GR	135kg CUI Jianjin	CHN	25 OCT 2023 Hangzhou (CHN)

Lot No.	Name	SDMS No.	NPC Code	Date of Birth	Body Weight	Attempts				Best Lift	Rank
						1	2	3	PL		
2	NURIDDINOVA Muslima	35139	UZB	7 MAR 1998	60.0	122	125	129	NA	129	1
1	CHEN Sijia	66376	CHN	2 JAN 2001	58.5	123	126	130 ^{LC}		126	2
3	SHEBRIONI	50935	INA	18 FEB 1992	57.6	115	117	119		115	3
5	YULDASHEVA Zuhra	62423	UZB	11 NOV 2007	60.2	105	108	108		108	4
4	OMIRZAKOVA Gauhar	26387	KAZ	12 DEC 1993	60.1	107	116 ^{LC}	116 ^{LC}		107	5
6	DEVI Suman	58030	IND	9 MAY 1984	57.6	95	101	101		101	6
7	SEEMA RANI	54376	IND	8 AUG 1985	59.3	96	99	100		96	7
9	AL-OBAIDI Zahraa	42076	IRQ	20 DEC 1998	59.8	92	96	99		96	8
8	MOTNOK Hat	9600	THA	3 FEB 1977	60.5	88	91	91		91	9

Legend:

185 Indicates an unsuccessful attempt at that weight.

LC Lift Challenge Rejected **Lot No.** Lot Number

WR World Record

AR Asian Record

NA No Attempt

GR Asian Para Games Record

PL Power Lift

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In accordance with request from AINAGOC, APGR has been updated to GR

Timing & Results provided by **BORNAN**

Final Results 最終結果

REVISED
22 OCT 9:49

WR	148kg MARK Onyinyechi	NGR	23 MAY 2026 Oran (ALG)
AR	147kg CUI Jianjin	CHN	15 OCT 2025 Cairo (EGY)
GR	141kg TAN Yujiao	CHN	26 OCT 2023 Hangzhou (CHN)

Lot No.	Name	SDMS No.	NPC Code	Date of Birth	Body Weight	Attempts				Best Lift	Rank
						1	2	3	PL		
1	UKTAMOVA Rukhshona	55046	UZB	14 MAY 2007	66.6	120	125	127		127	1
3	RAJAMANI Kasthuri	52510	IND	23 AUG 1984	65.6	103	~~106~~	108		108	2
2	KIM Hyeonhui	9664	KOR	21 OCT 1973	64.0	104	107	~~109~~ ^{LG}		107	3
4	ANON Somkhoun	9602	THA	14 OCT 1977	64.6	84	~~87~~	87		87	4
6	LIN Ya-hsuan	9362	TPE	11 AUG 1976	65.9	83	86	~~88~~		86	5
5	ALNAQBI Haifa	14905	UAE	12 AUG 1981	66.6	77	81	83		83	6
7	ALMUTAIWEI Ayesha	49176	UAE	5 DEC 2006	67.0	58	62	~~68~~		62	7

Legend:

185 Indicates an unsuccessful attempt at that weight.

LG Lift Challenge Rejected **Lot No.** Lot Number

AR Asian Record

PL Power Lift

GR Asian Para Games Record

WR World Record

REVISED

In accordance with request from AINAGOC, APGR has been updated to GR

Timing & Results provided by **BORNAN**

Final Results 最終結果

REVISED
22 OCT 9:49

WR	151kg ALMARUF Kafila	NGR	26 AUG 2023 Dubai (UAE)
AR	146kg TAN Yujiao	CHN	13 OCT 2025 Cairo (EGY)
GR	135kg XU Lili	CHN	26 OCT 2023 Hangzhou (CHN)

Lot No.	Name	SDMS No.	NPC Code	Date of Birth	Body Weight	Attempts				Best Lift	Rank
						1	2	3	PL		
3	KUZIEVA Ruza	19585	UZB	12 MAR 1994	71.5	143	147	149	152	152	1
1	TAN Yujiao	9590	CHN	4 OCT 1990	72.5	142	146	148		146	2
2	TOSHPULATOVA Kudratoy	23416	UZB	1 DEC 1995	72.6	130	~~138~~ ^{LG}	138		130	3
4	KOISHIBAYEVA Raushan	21519	KAZ	7 MAR 1966	71.3	107	113	113		113	4
5	JEONG Youn Shil	33117	KOR	17 MAY 1974	67.3	100	~~105~~	105		105	5
6	SAKAMOTO Chika	34678	JPN	8 MAR 1982	72.3	70	74	~~77~~		74	6

Records:

152kg KUZIEVA Ruza

UZB WR, AR, GR

Legend:

185 Indicates an unsuccessful attempt at that weight.

LG Lift Challenge Rejected **Lot No.** Lot Number

AR Asian Record

PL Power Lift

GR Asian Para Games Record

WR World Record

REVISED

In accordance with request from AINAGOC, APGR has been updated to GR

Timing & Results provided by **BORNAN**

Final Results 最終結果

REVISED
22 OCT 12:51

WR	158kg FERDINARD Rita	NGR	24 JUL 2026 Glasgow (GBR)
AR	151kg HAN Miaoyu	CHN	5 MAR 2024 Dubai (UAE)
GR	148kg HAN Miaoyu	CHN	26 OCT 2023 Hangzhou (CHN)

Lot No.	Name	SDMS No.	NPC Code	Date of Birth	Body Weight	Attempts				Best Lift	Rank
						1	2	3	PL		
1	HAN Miaoyu	11679	CHN	23 JUL 1988	78.6	142	146 ^{LC}	146	152 ^{LC}	152	1
3	AGHAEISAMANI Zahra	50724	IRI	4 SEP 1987	78.8	133	138	143		133	2
2	ISSA Asma	17156	JOR	25 SEP 1991	76.9	122	129	134		129	3
4	BOOTPO Arawan	9603	THA	10 OCT 1984	78.0	110	113	116		113	4
5	ALOSMANEE Gharam	15526	IRQ	1 APR 1995	78.5	107	112	112		107	5
6	TANAKA Chikako	53826	JPN	28 DEC 1983	78.6	102	102	102		102	6
7	LIN Tzu-hui	9361	TPE	5 NOV 1981	78.7	90	96	101		90	7

Records:

152kg HAN Miaoyu

CHN

AR, GR

Legend:

185 Indicates an unsuccessful attempt at that weight.

LC Lift Challenge Approved

WR World Record

LC

Lift Challenge Rejected

AR Asian Record

Lot No. Lot Number

GR Asian Para Games Record

PL Power Lift

REVISED

Lift Challenge Mark has been corrected for 4th attempt

Timing & Results provided by **BORNAN**

Final Results 最終結果

WR	159kg ZHENG Feifei	CHN	25 JUN 2024 Tbilisi (GEO)
AR	159kg ZHENG Feifei	CHN	25 JUN 2024 Tbilisi (GEO)
GR	150kg ZHENG Feifei	CHN	27 OCT 2023 Hangzhou (CHN)

Lot No.	Name	SDMS No.	NPC Code	Date of Birth	Body Weight	Attempts				Best Lift	Rank
						1	2	3	PL		
1	ZHENG Feifei	16859	CHN	8 JUN 1996	85.4	150	155	158		155	1
5	UROLOVA Orzugul	53026	UZB	3 DEC 1987	85.9	136 ^{LG}	136	140		136	2
3	ALHAJAJ Tharwh	9716	JOR	1 JAN 1973	82.4	124	129	129		129	3
4	HWANG Yuseon	33183	KOR	3 AUG 1996	85.4	123	128 ^{LG}	128		128	4
7	ALHAMEDI Hanan	23413	IRQ	17 DEC 1990	85.5	117	124	125		125	5
6	EKEYEVA Mayagozel	9320	TKM	5 MAY 1986	83.5	105	110	116		110	6
2	MAHMUDAH Siti	9643	INA	1 FEB 1990	83.5	135	135	135 ^{LG}		-	

Records:

15kg ZHENG Feifei

CHN GR

Legend:

185 Indicates an unsuccessful attempt at that weight.

LG Lift Challenge Rejected **Lot No.** Lot Number

AR Asian Record

PL Power Lift

GR Asian Para Games Record

WR World Record

Final Results 最終結果

WR	175kg OLUWAFEMIAYO Folashade	NGR	24 JUL 2026 Glasgow (GBR)
AR	158kg ZHU Wenjun	CHN	11 APR 2026 Bangkok (THA)
GR	143kg DENG Xuemei	CHN	28 OCT 2023 Hangzhou (CHN)

Lot No.	Name	SDMS No.	NPC Code	Date of Birth	Body Weight	Attempts				Best Lift	Rank
						1	2	3	PL		
1	ZHU Wenjun	27951	CHN	1 JUN 1991	95.1	154	159	161	164	164	1
2	ROZBAHANI Nikoo	58544	IRI	7 JUL 1982	106.8	150	155 ^{LC}	160		155	2
4	SAPUTRI Elsa Dewi	51655	INA	12 NOV 2003	112.0	122	127	130		130	3
8	BOLOTALIEVA Mirgul	51172	KGZ	13 MAY 1984	98.1	107	111	116		116	4
6	AL-KHAFAJI Rusul	32215	IRQ	13 APR 1995	94.7	112	115	118		115	5
5	LEE Hyunjung	9665	KOR	4 MAY 1986	115.9	110	115	119		115	6
7	YANG Jaewon	33116	KOR	20 APR 1995	86.4	100	105	110		110	7
3	SRIYANTI	34514	INA	23 OCT 1985	112.2	145	145	145		-	

Records:

164kg ZHU Wenjun

CHN

AR, GR

Legend:

185 Indicates an unsuccessful attempt at that weight.

LC Lift Challenge Approved **Lot No.** Lot Number

AR Asian Record

PL Power Lift

GR Asian Para Games Record

WR World Record

Final Results
最終結果

REVISED
22 OCT 9:48

WR	183.5kg LE Van Cong	VIE	4 DEC 2017 Mexico City (MEX)
AR	183.5kg LE Van Cong	VIE	4 DEC 2017 Mexico City (MEX)
GR	182kg QARADA Omar	JOR	23 OCT 2023 Hangzhou (CHN)

Lot No.	Name	SDMS No.	NPC Code	Date of Birth	Body Weight	Attempts				Best Lift	Rank
						1	2	3	PL		
2	QARADA Omar	9710	JOR	1 MAR 1981	47.7	174	176	178		176	1
3	LE Van Cong	9647	VIE	20 JUN 1984	48.4	171	176	178		171	2
4	CHEN Liuxun	66375	CHN	10 SEP 1992	48.7	157	161	165		161	3
8	CHEON Minki	51408	KOR	30 MAY 2004	48.8	147	147	151		147	4
7	NISHIZAKI Tetsuo	22214	JPN	26 APR 1977	47.5	128	133	138		133	5
9	ALMARZOOQI Mansour	65776	UAE	2 MAY 2000	48.6	100	102	102		100	6
10	GHARTI MAGAR Pawan	58882	NEP	18 SEP 1995	47.8	80	80	90		80	7
1	HADI A	44531	INA	20 JUN 1994	47.9	173	176	176		-	
5	KARIBAY Yerbolat	43106	KAZ	7 JUN 2002	48.3	163	163	163		-	
6	MUTUNOV Farkhat	55835	KAZ	16 SEP 2007	48.8	162	162	162		-	

Legend:

185 Indicates an unsuccessful attempt at that weight.

Lot No. Lot Number

PL Power Lift

AR Asian Record

WR World Record

GR Asian Para Games Record

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In accordance with request from AINAGOC, APGR has been updated to GR

Timing & Results provided by **BORNAN**

Final Results
最終結果

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22 OCT 9:48

WR	205kg SHERIF Osman	EGY	6 APR 2014 Dubai (UAE)
AR	191kg DEGTYAREV David	KAZ	14 OCT 2025 Cairo (EGY)
GR	186kg DEGTYAREV David	KAZ	23 OCT 2023 Hangzhou (CHN)

Lot No.	Name	SDMS No.	NPC Code	Date of Birth	Body Weight	Attempts				Best Lift	Rank
						1	2	3	PL		
1	DEGTYAREV David	32811	KAZ	12 JUN 1996	53.4	190	191	193		191	1
2	YANG Jinglang	27968	CHN	24 APR 1990	53.4	187	189	192		189	2
6	HILMAN	68171	INA	24 JUN 1989	52.8	165	170	170		165	3
7	NGUYEN Binh An	14379	VIE	9 SEP 1985	53.6	160	160	166		160	4
8	ALDARMAKI Mohamed	49579	UAE	29 MAY 2001	52.0	110	113	116		113	5
3	NOORSAEED Adnan	50906	KSA	18 SEP 2003	53.5	185	185	185		-	
4	AL-SUDANI Muslim	51605	IRQ	5 MAR 2002	53.4	185 ^{LG}	185	185		-	
5	RADAEDA Mohammad	32863	JOR	10 OCT 2001	52.3	182	182	185 ^{LG}		-	

Records:

191kg DEGTYAREV David

KAZ GR

Legend:

185 Indicates an unsuccessful attempt at that weight.

LG Lift Challenge Rejected **Lot No.** Lot Number

AR Asian Record

PL Power Lift

GR Asian Para Games Record

WR World Record

REVISED

In accordance with request from AINAGOC, APGR has been updated to GR

Timing & Results provided by **BORNAN**

Final Results 最終結果

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22 OCT 9:49

WR	211kg SHERIF Osman	EGY	9 SEP 2016 Rio de Janeiro (BRA)
AR	208kg RADHI Mustafa	IRQ	21 MAY 2026 Oran (ALG)
GR	194kg QI Yongkai	CHN	24 OCT 2023 Hangzhou (CHN)

Lot No.	Name	SDMS No.	NPC Code	Date of Birth	Body Weight	Attempts				Best Lift	Rank
						1	2	3	PL		
1	RADHI Mustafa	9656	IRQ	2 DEC 1990	58.6	205	212 ^{LC}	245		212	1
2	QI Yongkai	27919	CHN	8 NOV 1998	58.5	181	183	184		184	2
6	SHAKIYEV Stanislav	42196	KAZ	11 JAN 1988	58.5	174	181	183		181	3
5	KUMAR Manish	54594	IND	20 MAY 1991	56.8	176	181	183		181	4
3	IZADI Ali Reza	28052	IRI	4 MAY 1999	58.5	180	182	183 ^{LC}		180	5
7	TARBASH Mohammad	11779	JOR	9 JUN 1984	59.0	165 ^{LC}	170	182		170	6
4	PARMJEET KUMAR	28011	IND	2 FEB 1992	56.2	167	172	174		167	7
9	EMPIZO Jules	58083	PHI	23 JUL 1999	58.3	158	158	162		158	8
8	DZAKY M Mabruk Arib	62534	INA	29 FEB 2004	57.3	156	158	161		158	9
10	WAZIRY Din Mohammad	60394	AFG	23 APR 1997	57.6	99	100	106		100	10

Records:

212kg RADHI Mustafa

IRQ

WR, AR, GR

Legend:

185 Indicates an unsuccessful attempt at that weight.

LC Lift Challenge Approved

WR World Record

LC

Lift Challenge Rejected

AR Asian Record

Lot No. Lot Number

GR Asian Para Games Record

PL Power Lift

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Final Results 最終結果

REVISED
22 OCT 9:49

WR	222kg ZOU Yi	CHN	24 OCT 2023 Hangzhou (CHN)
AR	222kg ZOU Yi	CHN	24 OCT 2023 Hangzhou (CHN)
GR	222kg ZOU Yi	CHN	24 OCT 2023 Hangzhou (CHN)

Lot No.	Name	SDMS No.	NPC Code	Date of Birth	Body Weight	Attempts				Best Lift	Rank
						1	2	3	PL		
1	ZOU Yi	27957	CHN	11 NOV 1995	64.3	208	216	248 ^{LG}		216	1
3	ASHOK	21883	IND	27 APR 1989	64.4	187	192	204		192	2
6	MARGONO	39068	INA	1 SEP 1983	63.6	170	175	177		177	3
5	KALIEV Esen	13776	KGZ	2 JAN 1983	65.0	168	173	175		175	4
4	SEIFI Ali	20828	IRI	24 MAY 1997	64.7	164	173	178 ^{LG}		173	5
7	CHUMCHAI Phongsakon	9610	THA	14 JUL 1975	64.4	163	167	174		167	6
8	AHMADI Fathidin	58438	TJK	15 MAY 2008	64.1	140	146	150		146	7
9	CHEN Yi-ying	65602	TPE	8 AUG 1985	64.8	130	130	133		133	8
2	ZHOU Shiwei	66378	CHN	20 MAY 2004	64.6	210	210	210		-	

Legend:

185 Indicates an unsuccessful attempt at that weight.

LG Lift Challenge Rejected **Lot No.** Lot Number

AR Asian Record

PL Power Lift

GR Asian Para Games Record

WR World Record

REVISED

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Final Results 最終結果

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22 OCT 9:49

WR	232kg ANAK GUSTIN Bonnie Bunyau	MAS	6 SEP 2024 Paris (FRA)
AR	231kg ANAK GUSTIN Bonnie Bunyau	MAS	24 AUG 2023 Dubai (UAE)
GR	230kg ANAK GUSTIN Bonnie Bunyau	MAS	25 OCT 2023 Hangzhou (CHN)

Lot No.	Name	SDMS No.	NPC Code	Date of Birth	Body Weight	Attempts				Best Lift	Rank
						1	2	3	PL		
1	ANAK GUSTIN Bonnie Bunyau	21641	MAS	3 JUN 1999	71.8	216	225	234		225	1
2	ZHANG Pingkang	66377	CHN	6 DEC 2002	71.5	212	212	214		212	2
3	BAKHTIAR Mohsen	20826	IRI	17 MAY 1998	71.8	208	208	214 ^{LG}		208	3
4	AL-KARKHI Ahmed	35059	IRQ	19 JUN 2002	71.6	204	204	204		204	4
5	KUMAR Jhandu	59892	IND	1 JAN 1997	71.0	190	195 ^{LG}	195		190	5
6	HIGUCHI Kentaro	35746	JPN	9 DEC 1972	71.0	180	186	191		186	6
8	ALZAABI Saif	8718	UAE	30 AUG 1979	71.4	150	153	156		153	7
7	MELADZE Sergey	9316	TKM	1 APR 1980	71.2	145	151	157		151	8

Legend:

185 Indicates an unsuccessful attempt at that weight.

LG Lift Challenge Rejected **Lot No.** Lot Number

AR Asian Record

PL Power Lift

GR Asian Para Games Record

WR World Record

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Final Results 最終結果

REVISED
22 OCT 9:49

WR	242kg ROSTAMI Roohallah	IRI	6 SEP 2024 Paris (FRA)
AR	241kg ROSTAMI Roohallah	IRI	7 MAY 2021 Bangkok (THA)
GR	238kg GU Xiaofei	CHN	25 OCT 2023 Hangzhou (CHN)

Lot No.	Name	SDMS No.	NPC Code	Date of Birth	Body Weight	Attempts				Best Lift	Rank
						1	2	3	PL		
3	JAMILOV Bekzod	53364	UZB	5 SEP 1992	79.4	220	223	229		229	1
2	MOHSIN Rasool	9555	IRQ	17 NOV 1987	79.2	217	222	228		222	2
1	GU Xiaofei	9589	CHN	14 MAR 1989	79.3	211	245	215		215	3
4	KIM Gyuho	15817	KOR	27 OCT 1981	78.5	203	207	242		207	4
6	HINO Yuki	66483	JPN	5 SEP 1997	79.5	175	183	190		190	5
5	MARASRI Thongsa	9609	THA	30 JAN 1975	78.6	170	176	482		176	6
7	ARGYMBAEV Maksat	28607	KGZ	5 OCT 1989	79.3	173	477	477		173	7
9	ODO Hideki	9327	JPN	17 OCT 1974	78.9	150	460 ^{LG}	171		171	8
8	BAKKOZHA Zhaksylyk	52102	KAZ	20 AUG 1993	79.7	170	474	475		170	9
11	BUTT Nasir	69254	PAK	17 MAY 1986	77.7	120	125	135		135	10
10	ALQASSAB Mansoor	67545	UAE	13 JUN 2008	78.3	82	82	82		-	

Legend:

485 Indicates an unsuccessful attempt at that weight.

LG Lift Challenge Rejected **Lot No.** Lot Number

AR Asian Record

PL Power Lift

GR Asian Para Games Record

WR World Record

REVISED

In accordance with request from AINAGOC, APGR has been updated to GR

Timing & Results provided by **BORNAN**

Final Results 最終結果

REVISED
22 OCT 9:49

WR	251kg KHATTAB Abdelkareem	JOR	29 AUG 2023 Dubai (UAE)
AR	251kg KHATTAB Abdelkareem	JOR	29 AUG 2023 Dubai (UAE)
GR	242kg KHATTAB Abdelkareem	JOR	26 OCT 2023 Hangzhou (CHN)

Lot No.	Name	SDMS No.	NPC Code	Date of Birth	Body Weight	Attempts				Best Lift	Rank
						1	2	3	PL		
1	YAN Panpan	27918	CHN	5 FEB 1990	87.3	233	238	240	244	244	1
2	ROSTAMI Roohallah	9383	IRI	2 MAY 1989	86.2	232	237	239	243	243	2
7	ISSA Shadi	17154	SYR	4 JUN 1986	87.1	198	205	208		208	3
6	AKHMEDOV Sherali	51778	UZB	26 NOV 2001	81.6	204	207	214 ^{LG}		207	4
5	KHAMAYEV Rakhmetzhan	19617	KAZ	25 NOV 1986	87.2	203	206	210		206	5
3	KHALAF Mohammed	9623	UAE	23 FEB 1969	87.5	196 ^{LG}	202	208		202	6
4	AL-KAABI Abdullah	35062	IRQ	6 AUG 2002	86.8	197	205	212		197	7
8	TANAKA Shogo	32227	JPN	27 FEB 1985	86.6	165	175	185		175	8
9	NUYDA Carlo John	58080	PHI	21 MAR 1993	87.1	127	135	140		140	9
10	NABIZADA Yousuf Khan	33469	AFG	11 SEP 1984	87.6	100	110	120		120	10

Records:

244kg YAN Panpan

CHN GR

Legend:

185 Indicates an unsuccessful attempt at that weight.

LG Lift Challenge Rejected **Lot No.** Lot Number

AR Asian Record

PL Power Lift

GR Asian Para Games Record

WR World Record

REVISED

In accordance with request from AINAGOC, APGR has been updated to GR

Timing & Results provided by **BORNAN**

Final Results
最終結果

REVISED
22 OCT 9:49

WR	270kg KHATTAB Abdelkareem	JOR	7 SEP 2024 Paris (FRA)
AR	256kg KHATTAB Abdelkareem	JOR	24 JUN 2024 Tbilisi (GEO)
GR	240kg YAN Panpan	CHN	27 OCT 2023 Hangzhou (CHN)

Lot No.	Name	SDMS No.	NPC Code	Date of Birth	Body Weight	Attempts				Best Lift	Rank
						1	2	3	PL		
1	KHATTAB Abdelkareem	9715	JOR	4 AUG 1991	89.0	230	241	250		241	1
3	YE Jixiong	16770	CHN	25 MAY 1993	88.3	225	231	237		237	2
2	ABAREGHI Aliasghar	34294	IRI	20 MAY 2002	96.6	218	220	232		220	3
5	AL AKDAH Hayder	51755	IRQ	2 SEP 1993	95.7	208	208	211		211	4
6	BAUTOV Adilzhan	56882	KAZ	16 FEB 1989	95.9	200	204	207		204	5
4	DAVLATOV Nuriddin	24301	UZB	19 FEB 1989	96.7	203	203	206		203	6
7	MOHAMMAD Fahad	8202	UAE	22 APR 1993	92.9	182	182	182		182	7
8	ZHUMANOV Askhat	52104	KAZ	1 MAR 1991	90.2	175	180	186		180	8
9	JARAMILLO Jeffrey	58082	PHI	28 JUN 1982	95.8	145	150	153		150	9

Records:

241kg KHATTAB Abdelkareem

JOR GR

Legend:

185 Indicates an unsuccessful attempt at that weight.

Lot No. Lot Number

PL Power Lift

AR Asian Record

WR World Record

GR Asian Para Games Record

REVISED

In accordance with request from AINAGOC, APGR has been updated to GR

Timing & Results provided by **BORNAN**

Final Results

最終結果

WR	255kg GHARIBSHAHI Aliakbar	IRI	16 OCT 2025 Cairo (EGY)
AR	255kg GHARIBSHAHI Aliakbar	IRI	16 OCT 2025 Cairo (EGY)
GR	251kg GHARIBSHAHI Aliakbar	IRI	27 OCT 2023 Hangzhou (CHN)

Lot No.	Name	SDMS No.	NPC Code	Date of Birth	Body Weight	Attempts				Best Lift	Rank
						1	2	3	PL		
2	ENKHBAYAR Sodnompiljee	14163	MGL	24 AUG 1985	106.0	231	236	246		246	1
1	GHARIBSHAHI Aliakbar	22102	IRI	21 MAR 1982	106.2	245	252	252		245	2
3	LIU Jian	59481	CHN	6 APR 2002	107.0	227	229	231		231	3
4	USMANOV Khusniddin	53048	UZB	20 JAN 1995	104.1	223	228	230		230	4
6	ALNAQBI Abdalla	19331	UAE	1 JUL 1991	103.7	206 ^{LG}	210	215		210	5
7	CHARYYEV Ishkuvvat	58240	TKM	1 AUG 1994	102.0	185	190	195		190	6
5	ANAK MOSES Nicodemus Manggoi	19792	MAS	9 DEC 1992	98.9	180	185	190		190	7
8	SATO Kazuhito	34720	JPN	21 MAY 1980	104.1	170	176	181		181	8

Legend:

185 Indicates an unsuccessful attempt at that weight.

LG Lift Challenge Rejected **Lot No.** Lot Number

AR Asian Record

PL Power Lift

GR Asian Para Games Record

WR World Record

Final Results 最終結果

WR	310kg RAHMAN Siamand	IRI	14 SEP 2016 Rio de Janeiro (BRA)
AR	310kg RAHMAN Siamand	IRI	14 SEP 2016 Rio de Janeiro (BRA)
GR	295kg RAHMAN Siamand	IRI	12 OCT 2018 Jakarta (INA)

Lot No.	Name	SDMS No.	NPC Code	Date of Birth	Body Weight	Attempts				Best Lift	Rank
						1	2	3	PL		
1	AMINZADEH Ahmad	22052	IRI	8 MAR 1991	135.8	250	260	270		260	1
2	SAYADI Mahdi	20827	IRI	4 JAN 1996	154.7	235	240	245		240	2
5	KHALIMOV Ilkhom	53123	UZB	27 FEB 1985	107.7	220	223	244		223	3
7	JEON Narasoo	53830	KOR	1 JUN 1987	145.2	214	222	227		222	4
6	ALJLAS Yusuf	63581	BRN	26 JAN 1998	156.1	200	210	212		212	5
8	AL-JBER Hussein	35060	IRQ	2 JAN 2000	130.8	195	198	205		198	6
9	ALBLOOSHI Ahmed	9617	UAE	1 DEC 1974	121.0	186	191	195		195	7
4	AL NAJIM Khalid	21966	KSA	8 DEC 1984	172.3	160	170 ^{LC}	175		170	8
3	EL SHEBLI Jamil	2050	JOR	9 APR 1979	0.0					DSQ	

Legend:

185 Indicates an unsuccessful attempt at that weight.

GR Asian Para Games Record

WR World Record

LC Lift Challenge Approved

AR Asian Record

Lot No. Lot Number

DSQ Disqualified

PL Power Lift