

Powerlifting India
National Women's Equipped Bench Press Championship 2021
Madgaon, Goa - 16-11-2021 to 20-11-2021
Detailed Results

Place	Name	DOB	Team	Lot	Bd. Wt.	BP1	BP2	BP3	Best	Points
47kg - Open										
1	SHIPRA	13-10-2003	RAJ	4	46.70	70.0	77.5	82.5	77.5	12
2	NITHYA SURESH	27-06-1992	KER	2	46.10	55.0	60.0	60.0	60.0	9
3	POOJA MALI	03-06-1997	M P	3	46.50	42.5	50.0	55.0	50.0	8
4	HEENA NAZ	15-05-1999	J&K	1	46.00	40.0	42.5	42.5	42.5	7
52kg - Open										
1	SAVITA KUMARI	12-12-1983	DEL	6	50.95	90.0	95.0	100.0	95.0	12
2	AKSHATHA POOJARTHI	08-08-1987	KAR	8	51.60	80.0	85.0	90.0	90.0	9
3	JYOTI KANDHARE	19-10-1980	MAH	10	50.70	82.5	87.5	87.5	82.5	8
4	PISTA BAI GURJAR	01-07-1997	RAJ	12	49.70	77.5	80.0	85.0	80.0	7
5	SHRADDHA S NAIK	01-12-1997	KAR	9	51.20	80.0	80.0	87.5	80.0	6
	SUSHMITA DESHMUKH	09-11-1997	MAH	11	49.70	77.5	77.5	85.0	-	-
57kg - Open										
1	SONAL SAWANT	01-10-1998	MAH	16	57.00	115.0	115.0	115.0	115.0	12
2	HARSHITHA K L	12-10-2000	KAR	15	56.50	90.0	90.0	92.5	92.5	9
3	JYOTI SINGH	01-01-1997	U P	20	55.85	82.5	87.5	90.0	90.0	8
4	LOGAPRIYA S	07-04-2000	T N	18	54.45	70.0	75.0	75.0	70.0	7
5	RINKI CHOUDHARY	04-07-1997	RAJ	17	52.25	60.0	65.0	70.0	60.0	6
6	ARPITA CHATTERJEE	04-04-1989	W B	22	55.85	60.0	60.0	72.5	60.0	5
7	BANDI KUMARI	15-08-1996	TEL	19	54.90	40.0	40.0	45.0	40.0	4
63kg - Open										
1	SUDHA KUMARI	01-06-1979	BIH	23	61.10	102.5	110.0	122.5	110.0	12
2	AISHWARYA K	21-12-1992	KAR	24	60.30	97.5	97.5	100.0	97.5	9
3	KHUSHBOO SOLANKI	31-05-1994	RAJ	28	62.00	75.0	80.0	90.0	80.0	8
4	PRIYA GANPAT KANDALKAR	16-12-1984	MAH	26	62.90	80.0	80.0	87.5	80.0	7
5	HARSHA YADAV	20-12-1994	M P	25	62.00	75.0	82.5	87.5	75.0	6
6	CHANDNI SIROHI	10-06-1992	U P	29	61.70	55.0	55.0	60.0	60.0	5
7	NAMEIRAKPAM IBECHA OBI DEVI	01-03-1974	MAN	27	61.50	30.0	35.0	40.0	40.0	4
69kg - Open										
1	VENIZEIA A CARLO	07-02-2000	KAR	31	68.00	102.5	110.0	110.0	102.5	12
2	OM KANWAR	10-05-1997	RAJ	35	69.00	75.0	82.5	90.0	90.0	9
3	ARATHI ARUN	13-03-1975	T N	36	65.20	75.0	80.0	87.5	80.0	8
4	SIMA DUTTA CHATTERJEE	31-12-1977	W B	37	64.00	65.0	70.0	70.0	65.0	7
5	ANURADHA PANDEY	12-12-1986	MAH	33	67.00	57.5	60.0	62.5	60.0	6
6	SHIKHA ARYA	20-09-1985	DEL	30	67.75	55.0	57.5	80.0	57.5	5
7	ASHWATHY VINOD	21-06-1991	KER	32	68.15	30.0	40.0	45.0	40.0	4
8	SARANGTHEM DAINA DEVI	15-01-1996	MAN	34	69.00	30.0	30.0	37.5	30.0	3
76kg - Open										
1	JANHVI SAVARDEKAR	19-09-2001	MAH	41	76.00	115.0	120.0	125.0	120.0	12
2	MENAKA V	18-04-2000	T N	44	74.75	100.0	105.0	107.5	107.5	9
3	SNEHA SHINDE	31-03-2000	MAH	42	75.75	90.0	95.0	102.5	102.5	8
4	VIJAYA VANI	05-06-1993	KAR	40	72.50	90.0	95.0	100.0	100.0	7
5	RAJ KUMARI YADAV	15-08-1989	RAJ	43	76.00	70.0	75.0	82.5	70.0	6
6	RAKHI SARMA	31-12-1971	ASA	38	69.35	60.0	65.0	65.0	65.0	5
84kg - Open										
1	SHOVITA	29-08-1997	DEL	52	81.35	150.0	157.5	165.0	165.0	12
2	SHRISHIT CHOUHAN	04-01-1995	RAJ	55	80.15	90.0	100.0	112.5	100.0	9
3	SANGEETA GOGOI	15-06-1990	DEL	53	78.25	75.0	77.5	80.0	80.0	8
84+Kg - Open										
1	MEGHA NAYAK	18-03-2000	M P	48	106.00	120.0	127.5	132.5	132.5	12
2	DEEPTHIKA J P	07-06-2002	KAR	46	84.50	105.0	105.0	120.0	120.0	9

Place	Name	DOB	Team	Lot	Bd. Wt.	BP1	BP2	BP3	Best	Points
3	PRATHIKSHA	11-09-1998	KAR	47	104.15	120.0	127.5	127.5	120.0	8
4	PRATIKSHA PRADEEP SALVI	11-07-1997	MAH	49	84.50	100.0	107.5	117.5	100.0	7
5	MANISHA PRAJAPAT	03-06-1992	RAJ	51	93.55	75.0	82.5	82.5	75.0	6

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Place	Name	DOB	Team	Lot	Bd. Wt.	BP1	BP2	BP3	Best	Points
59kg - Open										
1	SUNIL KUMAR	21-06-1987	RAJ	10	57.90	145.0	150.0	155.0	155.0	12
2	SAWAN KUMAR	02-05-1995	J&K	6	58.70	150.0	150.0	155.0	150.0	9
3	RAJESH SHUKRAWARE	10-05-1983	M P	9	56.65	142.5	147.5	150.0	147.5	8
4	ADITYA SHARMA	20-03-1996	J&K	5	57.70	125.0	130.0	147.5	130.0	7
5	DURGESH KR	07-10-1989	U P	12	58.75	125.0	135.0	135.0	125.0	6
6	P SRAVAN KUMAR	03-09-1996	TEL	11	58.45	110.0	115.0	120.0	120.0	5
7	SUBHAM GHOSH	19-09-1997	ASA	1	57.90	105.0	105.0	110.0	105.0	4
8	ESHWAR NAIK	28-08-1994	GOA	2	59.00	100.0	110.0	110.0	100.0	3
9	MANISH KUMAR	20-12-1998	U P	13	55.00	85.0	90.0	95.0	95.0	2
10	ASWIN C	16-02-1994	KER	8	59.00	95.0	105.0	X	95.0	1
11	SHAILAV JOSHI	05-08-1996	HP	4	57.45	75.0	80.0	85.0	80.0	1
	RAJU SHARMA	17-02-1993	HAR	3	58.20	147.5	147.5	150.0	-	-
66kg - Open										
1	VIPIN	12-08-1987	DEL	16	65.40	180.0	195.0	200.0	180.0	12
2	TUSHAR KADAM	14-02-2001	M P	20	66.00	155.0	160.0	162.5	162.5	9
3	PRIYARENJAN P	05-02-1990	KER	19	62.75	140.0	150.0	155.0	150.0	8
4	BHUPESH	09-01-1997	HAR	18	65.05	142.5	145.0	155.0	145.0	7
5	SUNIL NAGORI	01-01-1986	RAJ	21	64.25	140.0	147.5	152.5	140.0	6
6	SADDIK SHAIKH	27-05-1991	GOA	17	65.25	110.0	110.0	120.0	110.0	5
7	M MADHU MOHAN	16-02-1995	A P	14	65.90	105.0	112.5	112.5	105.0	4
74kg - Open										
1	MANISH GARG	01-01-1990	DEL	27	74.00	210.0	220.0	223.0	223.0	12
2	MD.HARIS TAUSIF	24-06-1994	BIH	25	73.20	190.0	197.5	197.5	197.5	9
3	NAVEEN KUMAR	12-02-1982	DEL	28	74.00	190.0	200.0	200.0	190.0	8
4	JAY PATEL	21-08-1995	GUJ	31	73.60	185.0	185.0	185.0	185.0	7
5	YOGESH KUMAR SAIN	25-05-1985	RAJ	40	73.10	175.0	182.5	190.0	182.5	6
6	SHAILENDRA SEWATHIYA	02-02-1995	M P	36	73.00	172.5	180.0	190.0	180.0	5
7	ARJI BALAKRISHNA	20-10-1995	A P	24	73.85	165.0	170.0	190.0	170.0	4
8	ADITYA KONDRA	09-10-1997	MAH	37	72.45	150.0	160.0	167.5	167.5	3
9	ANIL KUMAR	01-11-1986	GUJ	30	73.75	165.0	165.0	172.5	165.0	2
10	PRASHANT PAWAR	30-06-1989	MAH	38	72.80	155.0	162.5	170.0	162.5	1
11	VIVEK KUMAR GUPTA	12-05-1995	BIH	26	73.75	160.0	170.0	170.0	160.0	1
12	OM DUTT	23-09-1986	J&K	34	73.40	150.0	165.0	165.0	150.0	1
13	CHANDER VEER MOHIT	21-11-1996	HP	33	67.30	110.0	120.0	120.0	110.0	1
	PREMNATH IBRAMPURKAR	22-11-1991	GOA	29	73.45	105.0	X	X	-	-
	MANIKANDAN B	07-11-1985	T N	41	73.55	120.0	120.0	X	-	-
83kg - Open										
1	PRADEEP KUMAR`	04-05-1988	KAR	53	82.90	205.0	210.0	215.0	215.0	12
2	JOGINDER KUMAR	24-10-1986	J&K	50	80.75	205.0	215.0	215.0	205.0	9
3	SUNIL GUJRATI	27-10-1983	RAJ	58	80.60	182.5	187.5	192.5	187.5	8
4	ASHISH JAIMAN	11-11-1988	RAJ	57	83.00	180.0	187.5	195.0	187.5	7
5	JITENDRA YADAV	12-05-1982	MAH	56	82.30	157.5	157.5	170.0	170.0	6
6	DHANESHWAR SAHU	10-12-1992	JHA	51	82.70	160.0	170.0	175.0	170.0	5
7	PRITAM PANDEY	11-01-1996	DEL	45	75.10	150.0	162.5	162.5	150.0	4
8	SHUBHAM SHARMA	05-10-1995	HP	49	77.15	130.0	135.0	140.0	140.0	3
9	KOLI MANOHAR VASANT	10-11-1982	M P	55	80.20	130.0	140.0	150.0	140.0	2
	KARAN KUMAR	02-10-1990	BIH	44	78.80	232.5	232.5	232.5	-	-
	AMIT SHARMA	10-01-1991	HAR	47	80.65	202.5	202.5	202.5	-	-
93kg - Open										
1	SAGAR MORE	18-03-1987	MAH	70	88.15	210.0	217.5	225.0	225.0	12

Place	Name	DOB	Team	Lot	Bd. Wt.	BP1	BP2	BP3	Best	Points
2	PRATEEK MISHRA	20-08-1993	M P	69	92.20	217.5	225.0	225.0	225.0	9
3	ADITYA PALIWAL	01-01-1990	DEL	60	87.20	220.0	220.0	222.5	222.5	8
4	AMANDEEP BASSAN	23-09-1996	J&K	64	92.00	205.0	205.0	217.5	217.5	7
5	RAMKUMAR D	17-06-1994	T N	75	90.10	190.0	200.0	207.5	200.0	6
6	PARDUMAN	16-04-2001	HAR	62	90.25	195.0	195.0	202.5	195.0	5
7	MD FAIZAN REZA	10-01-1997	JHA	65	92.20	185.0	197.5	197.5	185.0	4
8	RAHUL SHARMA	09-09-1992	RAJ	72	90.75	177.5	185.0	187.5	177.5	3
9	CHANDRANATH SHETTY	15-11-1994	KAR	66	92.72	170.0	182.5	207.5	170.0	2
10	ACHUTHAN S	04-12-1984	T N	74	91.90	120.0	132.5	140.0	132.5	1
	SATYENDRA SINGH RATHORE	15-07-1975	RAJ	73	90.65	200.0	205.0	207.5	-	-
	F LALMAWIPUIA	11-04-1989	MIZ	71	91.00	217.5	217.5	217.5	-	-
105kg - Open										
1	VIJAY KANCHAN	24-07-1968	KAR	81	105.00	200.0	220.0	235.0	235.0	12
2	VIKRAM DEEP	23-04-1995	J&K	79	101.60	220.0	230.0	235.0	230.0	9
3	VINAY	07-09-1990	HAR	78	101.60	175.0	180.0	192.5	192.5	8
4	HARINDER SINGH	22-07-1987	CHN	76	96.50	185.0	187.5	192.5	187.5	7
5	K SRIKANTH MUDHIRAJ	20-07-1990	TEL	89	93.60	105.0	105.0	115.0	115.0	6
	PRASOBH P	13-03-1989	KER	82	93.10	170.0	170.0	170.0	-	-
	DHARMALINGAM S	22-10-1994	T N	88	95.20	160.0	160.0	160.0	-	-
120kg - Open										
1	BHASKAR SHAH	09-08-1992	DEL	101	107.60	302.5	315.0	322.5	315.0	12
2	ANOOP KUMAR	05-09-1985	KAR	106	117.70	270.0	280.0	300.0	280.0	9
3	AJINKYA PRAKASH PADVANKAR	06-11-1998	MAH	108	107.90	210.0	217.5	230.0	230.0	8
4	ANAND M	06-08-1995	T N	109	115.20	190.0	197.5	202.5	202.5	7
5	CHETAN KAPOOR	19-07-1976	CCSCSB	98	115.00	190.0	190.0	X	190.0	6
6	NAVEEN	12-04-1997	HAR	104	116.30	190.0	205.0	220.0	190.0	5
7	SURAJ YADAV	01-11-1992	GOA	103	118.40	180.0	180.0	X	180.0	4
8	HIMANSHU MAHAWARI	16-09-1990	M P	107	105.70	170.0	170.0	175.0	170.0	3
9	BOSKA JONATHAN	14-10-1995	TEL	111	116.60	135.0	142.5	147.5	147.5	2
10	SANTHALINGAM B	25-06-1976	T N	110	119.00	110.0	115.0	120.0	120.0	1
11	MANPREET SINGH	19-09-1995	J&K	105	114.50	110.0	115.0	120.0	115.0	1
120+Kg - Open										
1	VICKRAM JEET SINGH	04-06-1996	J&K	93	152.30	250.0	250.0	282.5	250.0	12
2	SHAIK SAQUIB BASHA	29-08-1996	A P	90	131.20	190.0	190.0	202.5	202.5	9
3	SARVESH KAUTHANKER	09-10-1992	GOA	92	128.20	180.0	180.0	200.0	180.0	8
	ANKIT KHATRI	19-12-1996	DEL	91	134.70	280.0	280.0	280.0	-	-