

INTERNATIONAL POWERLIFTING FEDERATION
Nordic Championship Mens Equipped Benchpress, Akureyri (Iceland), 21-22.11.2018

DETAILED SCORESHEET

PL.	Lifters	B.Date	Team	Weight	WF	Lot	All Squat				All Bench Press				All Deadlift			TOTAL	W.pts.	Pts.	
Sub-Juniors																					
-93kg																					
kr1,0	Forslund Edvin	1.1.2000	SWE	91,65	0,6326	5	-	-	-	—	180,0	195,5	200,0	1	-	-	-	—	195,5	123,67	12

Nation (Wilks points)

Best Lifters of Subjuniors

Rnk	Lifter	Nation	B.Weight	WF	Result	W.Points	C.Rnk.
kr1,0	Forslund Edvin	Sweden	91,65	0,6326	195,5	123,67	1

Juniors

-74kg																					
kr1,0	Gautason Aron Ingi	1.1.1995	ISL	72,75	0,7282	1	-	-	-	—	450,0	150,0	X	1	-	-	-	—	150,0	109,23	12
-83kg																					
kr1,0	Hällfors Teemu	1.1.1995	FIN	82,20	0,6714	8	-	-	-	—	215,0	225,0	225,0	1	-	-	-	—	215,0	144,35	12
-105kg																					
kr1,0	Puhakka Tuomas	1.1.1995	FIN	104,55	0,5985	3	-	-	-	—	140,0	210,0	217,5	1	-	-	-	—	210,0	125,69	12
-120kg																					
kr1,0	Ottarsson Thorsteinn Aeg	1.1.1995	ISL	114,45	0,5818	4	-	-	-	—	210,0	225,0	232,5	1	-	-	-	—	225,0	130,91	12
kr2,0	Edvardsson Jonas	1.1.1995	SWE	117,10	0,5783	6	-	-	-	—	195,0	205,0	212,5	2	-	-	-	—	205,0	118,55	9
120+kg																					
kr1,0	Magnusson Gudfinur Snær	1.1.1997	ISL	148,30	0,5542	7	-	-	-	—	220,0	X	X	1	-	-	-	—	220,0	121,92	12

Nation (Wilks points)

Best Lifters of Juniors

Rnk	Lifter	Nation	B.Weight	WF	Result	W.Points	C.Rnk.
kr1,0	Hällfors Teemu	Finland	82,20	0,6714	215,0	144,35	1
kr2,0	Ottarsson Thorsteinn Aeg	Iceland	114,45	0,5818	225,0	130,91	1
kr3,0	Puhakka Tuomas	Finland	104,55	0,5985	210,0	125,69	1

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record;

1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.

DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

FIN = Finland

SWE = Sweden

ISL = Iceland

INTERNATIONAL POWERLIFTING FEDERATION
Nordic Championship Women Classic Benchpress, Akureyri (Iceland), 21-22.11.2018

DETAILED SCORESHEET

PL.	Lifters	B.Date	Team	Weight	WF	Lot	All Squat				All Bench Press				All Deadlift				TOTAL	W.pts.	Pts.
Sub-Juniors																					
-63kg																					
kr1,0	Karlsson Elsa Marin	1.1.2000	SWE	62,35	1,0824	1	-	-	-	—	82,5	90,5	95,5	1	-	-	-	—	95,5	103,37	12
-72kg																					
kr1,0	Rudin Agnes	1.1.2000	SWE	68,60	1,0090	8	-	-	-	—	87,5	95,0	95,0	1	-	-	-	—	95,0	95,86	12

Nation (Wilks points)

Best Lifters of Subjuniors

Rnk	Lifter	Nation	B.Weight	WF	Result	W.Points	C.Rnk.
kr1,0	Karlsson Elsa Marin	Sweden	62,35	1,0824	95,5	103,37	1
kr2,0	Rudin Agnes	Sweden	68,60	1,0090	95,0	95,86	1

Juniors

-63kg																					
kr1,0	Eide-Olsen Stella	1.1.1995	NOR	62,65	1,0785	5	-	-	-	—	80,0	85,0	85,0	1	-	-	-	—	85,0	91,67	12
kr2,0	Määttä Krista	1.1.1995	FIN	60,20	1,1120	2	-	-	-	—	70,0	80,0	87,5	2	-	-	-	—	80,0	88,96	9
-72kg																					
kr1,0	Olsson Vilma	1.1.1999	SWE	71,20	0,9834	6	-	-	-	—	105,0	110,0	115,5	1	-	-	-	—	110,0	108,17	12
kr2,0	Arnesen Maren Smábakk	1.1.1998	NOR	71,00	0,9852	3	-	-	-	—	92,5	95,0	100,0	2	-	-	-	—	100,0	98,52	9
kr3,0	Oskarsdottir Matthildur	1.1.1999	ISL	71,10	0,9843	7	-	-	-	—	90,0	92,5	95,0	3	-	-	-	—	95,0	93,51	8
kr4,0	Evensen Sarah Nilsen	1.1.1995	NOR	71,35	0,9820	4	-	-	-	—	85,0	90,0	95,0	4	-	-	-	—	95,0	93,29	7
kr5,0	Lohivuo Tuulia	1.1.1997	FIN	66,25	1,0345	9	-	-	-	—	87,5	92,5	95,0	5	-	-	-	—	92,5	95,69	6

Nation (Wilks points)

Best Lifters of Juniors

Rnk	Lifter	Nation	B.Weight	WF	Result	W.Points	C.Rnk.
kr1,0	Olsson Vilma	Sweden	71,20	0,9834	110,0	108,17	1
kr2,0	Arnesen Maren Smábakk	Norway	71,00	0,9852	100,0	98,52	2
kr3,0	Lohivuo Tuulia	Finland	66,25	1,0345	92,5	95,69	5

Abbreviations:

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 FIN = Finland NOR = Norway
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INTERNATIONAL POWERLIFTING FEDERATION
Nordic Championship Men Benchpress Classic, Akureyri (Iceland), 21-22.11.2018

DETAILED SCORESHEET

PL.	Lifters	B.Date	Team	Weight	WF	Lot	All Squat				All Bench Press				All Deadlift				TOTAL	W.pts.	Pts.
Sub-Juniors																					
-66kg																					
kr1,0	Arnarsson Gabriel	1.1.1992	ISL	63,35	0,8127	9	-	-	-	—	77,5	87,5	92,5	1	-	-	-	—	92,5	75,17	12
-83kg																					
kr1,0	Li Yulong	1.1.2000	SWE	81,35	0,6756	7	-	-	-	—	150,0	161,0	161,0	1	-	-	-	—	150,0	101,34	12

Nation (Wilks points)

Best Lifters of Subjuniors							
Rnk	Lifter	Nation	B.Weight	WF	Result	W.Points	C.Rnk.
kr1,0	Li Yulong	Sweden	81,35	0,6756	150,0	101,34	1
kr2,0	Arnarsson Gabriel	Iceland	63,35	0,8127	92,5	75,18	1

Juniors																					
-74kg																					
kr1,0	Brunzell Simon	1.1.1996	SWE	71,30	0,7390	13	-	-	-	—	152,5	160,0	167,5	1	-	-	-	—	167,5	123,78	12
kr2,0	Sigurðsson Svavar Örn	1.1.1999	ISL	73,75	0,7210	1	-	-	-	—	135,0	145,0	X	2	-	-	-	—	135,0	97,33	9
-83kg																					
kr1,0	Hällfors Teemu	1.1.1995	FIN	82,25	0,6711	2	-	-	-	—	175,0	180,0	185,0	1	-	-	-	—	185,0	124,15	12
kr2,0	Florelius Jacob	1.1.1998	NOR	82,35	0,6706	3	-	-	-	—	165,0	170,0	175,0	2	-	-	-	—	170,0	114,00	9
kr3,0	Staal Henrik	1.1.1996	NOR	79,45	0,6857	5	-	-	-	—	140,0	145,0	147,5	3	-	-	-	—	147,5	101,14	8
-93kg																					
kr1,0	Olausson Andreas	1.1.1995	SWE	91,80	0,6321	10	-	-	-	—	175,0	175,0	182,5	1	-	-	-	—	182,5	115,36	12
kr2,0	Berge Sandbak Isak	1.1.1995	NOR	91,85	0,6320	6	-	-	-	—	147,5	155,0	160,0	2	-	-	-	—	160,0	101,12	9
kr3,0	Gundersen Per Jorgen	1.1.1998	NOR	92,75	0,6290	8	-	-	-	—	137,5	150,0	152,5	3	-	-	-	—	150,0	94,35	8
-105kg																					
kr1,0	Norling Emil	1.1.1996	SWE	104,00	0,5996	11	-	-	-	—	175,0	180,0	185,0	1	-	-	-	—	180,0	107,93	12
-120kg																					
kr1,0	Puhakka Tuomas	1.1.1995	FIN	105,05	0,5975	14	-	-	-	—	140,0	145,0	150,0	1	-	-	-	—	145,0	86,64	12
kr2,0	Vilhjálmsdóttir Halldor Jens	1.1.1996	ISL	108,05	0,5918	12	-	-	-	—	120,0	140,0	150,0	2	-	-	-	—	140,0	82,85	9

Nation (Wilks points)

Best Lifters of Juniors							
Rnk	Lifter	Nation	B.Weight	WF	Result	W.Points	C.Rnk.
kr1,0	Hällfors Teemu	Finland	82,25	0,6711	185,0	124,15	1
kr2,0	Brunzell Simon	Sweden	71,30	0,7390	167,5	123,78	1
kr3,0	Olausson Andreas	Sweden	91,80	0,6321	182,5	115,36	1

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