

20/10/2018		AFRICAN & ARAB POWERLIFTING CHAMPIONSHIPS 2018																											
Classic Powerlifting Men	Name	Team	Div	Bwt (kg)	WtCls (kg)	Iot#	Wilks Coeff	Age	SQ-1	SQ-2	SQ-3	Best SQ		BP-1	BP-2	BP-3	Best BP		DL-1	DL-2	DL-3	Best DL	(1) PL Total	(2) Wilks Pts	Best Lifter	Place - African Champs	Place - Arab Champs	Team points - Africa	Team points - Arab
Subjunior	Karim Barkouk	ALG	MR-SJ	57.99	59	2	0.8803		145	155	160.5	160.5		60	70	72.5	72.5		150	160	165	165	398	350.359		1		12	
	Ali Gharbawee	IRQ (A)	MR-SJ	64.27	66	8	0.8028		130	145	155	155		65	75	82.5	82.5		150	170	-190	170	407.5	327.141			1		12
	Hicham Bencheikh	ALG	MR-SJ	73.1	74	16	0.7256		170	185	188	188		95	105	-110	105		190	210	218	218	511	370.782	Best Lifter SubJunior	1		12	
	Mohammed Abdulameer	IRQ (A)	MR-SJ	80.25	83	25	0.6814		160	180	195	195		110	-125	-125	110		190	215	-220	215	520	354.328			1		12
	Amine Laaboudi	MOR (2)	MR-SJ	81.75	83	26	0.6736		110	130	135	135		90	95	-97.5	95		150	170	180	180	410	276.176		1	2	12	9
	Oun Adleehmawi	IRQ (A)	MR-SJ	102.65	105	52	0.6025		180	-200	205	205		110	125	-130	125		200	225	230	230	560	337.400			1		12
	Abdullah Al-Timman	IRQ (A)	MR-SJ	117.2	120	64	0.5782		170	200	-220	200		110	125	0	125		220	235	-250	235	560	323.792			1		12
	Abdal-Haseeb Faisal	IRQ (A)	MR-SJ	120.75	120+	72	0.5741		160	-180	180	180		90	105	115	115		170	190	205	205	500	287.050			1		12

Team points - Africa

1	Algeria	24
2	Morocco	12

Best Lifter - Africa

1	Hicham Bencheikh	Algeria	370.782
2	Karim Barkouk	Algeria	350.359
3	Armine Laaboudi	Morocco	276.176

Team points - Arab

1	Iraq	60
2	Morocco	9

Best Lifter - Arab

1	Mohammed Abdulameer	Iraq	354.328
2	Oun Adleehmawi	Iraq	337.400
3	Ali Gharbawee	Iraq	327.1409999

		AFRICAN & ARAB POWERLIFTING CHAMPIONSHIPS 2018																											
20/10/2018																													
Classic Powerlifting Men	Name	Team	Div	Bwt (kg)	WtCls (kg)	lot#	Wilks Coeff	Age	SQ-1	SQ-2	SQ-3	Best SQ		BP-1	BP-2	BP-3	Best BP		DL-1	DL-2	DL-3	Best DL	740.000	(2) Wilks Pts	Best Lifter	Place - African Champs	Place - Arab Champs	Team points - Africa	Team points - Arab
Junior	Ali Hasan	IRQ (A)	MR-J	52.64	53	1	0.9689		120	130	-137.5	130		70	77.5	-80	77.5		140	150	160	160	367.5	356.071			1		12
	Karrar Abdulhusein	IRQ (A)	MR-J	58.58	59	3	0.872		140	150	-162.5	150		100	110	-115	110		160	180	197.5	197.5	457.5	398.940			1		12
	Moussa Errider	ALG	MR-J	58.29	59	5	0.876		130	140	145	145		90	100	-107.5	100		170	185	195	195	440	385.440		1		12	
	Mohamed Sofyane	MOR (2)	MR-J	57.7	59	4	0.8845		-105	105	-112.5	105		75	77.5	80	80		185	-195	-195	185	370	327.265		2	2	9	9
	Ahmed Al Darwge	LIB (2)	MR-J	65.68	66	9	0.7883		160	180	195	195		100	120	125	125		220	240	250	250	570	449.331		1	1	12	12
	Karabo Manamela	RSA	MR-J	68.08	74	17	0.7658		-160	170	180	180		95	100	-105	100		205	210	215	215	495	379.071		1		12	
	Ramdane Badoui	ALG	MR-J	82.57	83	27	0.6696		220	230	235	235		145	-152.5	-152.5	145		240	255	-262.5	255	635	425.196		1		12	
	Mohammed Adeelah	IRQ (A)	MR-J	91.97	93	41	0.6316		220	240	245	245		180	190	-200	190		220	240	-250	240	675	426.330			1		12
	Najeeb Hamdi Hamad	LIB (2)	MR-J	90.77	93	42	0.6357		-220	-225	225	225		110	-125	125	125		260	-280	-280	260	610	387.777		1	2	12	9
	Youness Iamkaddem	MOR (2)	MR-J	87.86	93	43	0.6464		160	165	172.5	172.5		-110	110	-115	110		200	215	-225	215	497.5	321.584		2	3	9	8
	Eslam Salem Merwas	LIB (2)	MR-J	117.9	120	66	0.5774		220	250	280	280		160	170	180	180		250	280	0	280	740	427.276		1	1	12	12
	Ali Al-Asadi	IRQ (A)	MR-J	118.28	120	65	0.5769		180	215	225	225		110	-125	-125	110		210	225	0	225	560	323.064			2		9
	Hussain M Hussain Fidan	LIB (2)	MR-J	131.78	120+	73	0.5642		300	325	-335	325		150	160	0	160		300	330	-350	330	815	459.823	Best Lifter Junior	1	1	12	12

Team points - Africa

1	Libya	48
2	Algeria	24
3	Morocco	18
4	South Africa	12

Best Lifter - Africa

1	Hussain M Hussain Fidan	Libya	459.823
2	Ahmed Al Darwge	Libya	449.331
3	Eslam Salem Merwas	Libya	427.276

Team points - Arab

1	Libya	48
2	Iraq	44
3	Morocco	17

Best Lifter - Arab

1	Hussain M Hussain Fidan	Libya	459.823
2	Ahmed Al Darwge	Libya	449.331
3	Eslam Salem Merwas	Libya	427.276

20/10/2018		AFRICAN & ARAB POWERLIFTING CHAMPIONSHIPS 2018																											
Classic Powerlifting Men	Name	Team	Div	Bwt (kg)	WtCls (kg)	lot#	Wilks Coeff	Age	SQ-1	SQ-2	SQ-3	Best SQ		BP-1	BP-2	BP-3	Best BP		DL-1	DL-2	DL-3	Best DL	820.000	(2) Wilks Pts	Best Lifter	Place - African Champs	Place - Arab Champs	Team points - Africa	Team points - Arab
Master 1	Omar Mohamed Ramadan	LIB (2)	MR-M1	58.54	59	36	0.8725		120	140	155	155		70	85	-95	85		170	210	-227.5	210	450	392.625		1	1	12	12
	Asharaf Alsadir Salik	LIB (2)	MR-M1	65.68	66	35	0.7883		135	145	-152.5	145		90	100	107.5	107.5		180	195	205	205	457.5	360.647		1	1	12	12
	Abderrazak Saktiwy	MOR (2)	MR-M1	65.95	66	14	0.7857		-120	130	-140	130		120	130	-140	130		140	150	170	170	430	337.851		2	2	9	9
	Mohammed Marie	EGY (2)	MR-M1	80.57	83	33	0.6797		170	180	190	190		120	130	-140	130		200	220	230	230	550	373.835		1	1	9	12
	Mechrouh Benali	ALG	MR-M1	91.46	93	51	0.6333		210	-220	220	220		130	135	-137.5	135		250	260	-270	260	615	389.480		1		12	
	Charles Johnson	RSA	MR-M1	102.06	105	59	0.6038		200	215	225	225		140	-150	160	160		240	-250	250	250	635	383.413		1		12	
	Derwish Mohamed	EGY (2)	MR-M1	103.07	105	58	0.6016		180	225	-235	225		-100	115	130	130		200	-230	-272.5	200	555	333.888		2	1	9	12
	Ziad Mohamed Tawfik	SYR (A)	MR-M1	97.13	105	63	0.616		90	-105	-105	90		70	-90	-90	70		100	130	155	155	315	194.040			2		9
	Makhlof Tariq	LIB (2)	MR-M1	119.65	120	78	0.5753		220	240	255	255		-120	120	140	140		230	250	-270	250	645	371.068		1	1	12	12
	Alshaykhi Alaudin Med	LIB (2)	MR-M1	135.71	120+	80	0.5615		260	280	300	300		160	170	180	180		200	300	-340	300	780	437.970	Best Lifter Master 1	1	1	12	12

Team points - Africa

1	Libya	48
2	Algeria	12
3	Egypt	18
4	South Africa	12
5	Morocco	9

Best Lifter - Africa

1	Alshaykhi Alaudin Med	Libya	437.970
2	Omar Mohamed Ramadan	Libya	392.625
3	Mechrouh Benali	Algeria	389.480

Team points - Arab

1	Libya	48
2	Egypt	24
3	Morocco	9

Best Lifter - Arab

1	Alshaykhi Alaudin Med	Libya	437.970
2	Omar Mohamed Ramadan	Libya	392.625
3	Mohammed Marie	Egypt	373.835

20/10/2018		AFRICAN & ARAB POWERLIFTING CHAMPIONSHIPS 2018																											
Classic Powerlifting Men	Name	Team	Div	Bwt (kg)	WtCls (kg)	lot#	Wilks Coeff	Age	SQ-1	SQ-2	SQ-3	Best SQ		BP-1	BP-2	BP-3	Best BP		DL-1	DL-2	DL-3	Best DL	0.000	(2) Wilks Pts	Best Lifter	Place - African Champs	Place - Arab Champs	Team points - Africa	Team points - Arab
Master 2	Abdullah AA Amyn	LIB (2)	MR-M2	64.46	66	15	0.8008		140	165	-180	165		70	80	90	90		170	190	200	200	455	364.364		1	1	12	12
	Mohammed Al Waseea	LIB (2)	MR-M2	73.49	74	23	0.7229		110	125	130	130		70	80	0	80		140	155	-172.5	155	365	263.858		1	1	12	12
	Nasi Ramadhan Ishaytir	LIB (2)	MR-M2	80.81	83	32	0.6784		160	190	-200	190		100	115	122.5	122.5		190	220	230	230	542.5	368.032	Best Lifter Master 2	1	1	12	12

Team points - Africa

Best Lifter - Africa

1	Libya	36	1	Nasi Ramadhan Ishaytir	Libya	368.032
			2	Abdullah AA Amyn	Libya	364.364
			3	Mohammed Al Waseea	Libya	263.858

Team points - Arab

Best Lifter - Arab

1	Libya	36	1	Nasi Ramadhan Ishaytir	Libya	368.032
			2	Abdullah AA Amyn	Libya	364.364
			3	Mohammed Al Waseea	Libya	263.858

20/10/2018		AFRICAN & ARAB POWERLIFTING CHAMPIONSHIPS 2018																											
Classic Powerlifting Men	Name	Team	Div	Bwt (kg)	WtCls (kg)	lot#	Wilks Coeff	Age	SQ-1	SQ-2	SQ-3	Best SQ		BP-1	BP-2	BP-3	Best BP		DL-1	DL-2	DL-3	Best DL	0.000	(2) Wilks Pts	Best Lifter	Place - African Champs	Place - Arab Champs	Team points - Africa	Team points - Arab
Master 3	Omar Sadad	MOR (2)	MR-M3	69	74	24	0.7578		-80	80	-85	80		70	-80	82.5	82.5		120	130	-135	130	292.5	221.656		1	1	12	12
	Colin Young	RSA	MR-M3	103.35	105	61	0.601		150	160	0	160		160	166	-175	166		200	220	0	220	546	328.146	Best Lifter Master 3	1		12	

Team points - Africa

Best Lifter - Africa

1	South Africa	12	1	Colin Young	South Africa	328.146
2	Morocco	12	2	Omar Sadad	Morocco	221.656

Team points - Arab

Best Lifter - Arab

1	Morocco	12	1	Omar Sadad	Morocco	221.656
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Classic Powerlifting Men	Name	Team	Div	Bwt (kg)	WtCls (kg)	lot#	Wilks Coeff	Age	SQ-1	SQ-2	SQ-3	Best SQ		BP-1	BP-2	BP-3	Best BP		DL-1	DL-2	DL-3	Best DL	0.000	(2) Wilks Pts	Best Lifter	Place - African Champs	Place - Arab Champs	Team points - Africa	Team points - Arab				
Open	Mohammed Lakehal	ALG	MR-O	59	59	7	0.8662		210	220	228	228		90	100	-107.5	100		190	200	210	210	538	466.016		1		12					
	Hussein Albuthabak	IRQ (A)	MR-O	58.95	59	6	0.8669		160	170	-180	170		120	-130	130	130		185	195	-200	195	495	429.116			1		12				
	Naji Awadr Abu Bakr Ali	LIB (2)	MR-O	65.68	66	10	0.7883		172.5	180	-187.5	180		122.5	130	132.5	132.5		210	222.5	240	240	552.5	435.536		1	1	12	12				
	Ahmen Al-Maslawi	IRQ (A)	MR-O	64.5	66	12	0.8004		170	177.5	182.5	182.5		120	127.5	130	130		185	197.5	-240	197.5	510	408.204			2		9				
	Ezzaki Damini	MOR (2)	MR-O	65.74	66	11	0.7878		120	130	-135	130		125	-135	-135	125		150	160	175	175	430	338.754		2	3	9	8				
	Abdelghafour Lahmidi	MOR (2)	MR-O	65.7	66	13	0.7881		-150	-165	-165	0		-95	95	-97.5	95		-190	190	-205	190	0	0.000		3		8	7				
	Billal Aouimer	ALG	MR-O	73.22	74	19	0.7248		220	232.5	242.5	242.5		120	132.5	137.5	137.5		270	290	-300	290	670	485.616		1		12					
	Ali Jabbooree	IRQ (A)	MR-O	73.94	74	18	0.7197		210	-225	-225	210		-140	150	-155	150		220	240	-250	240	600	431.820			1		12				
	Jalal Naouy	MOR (2)	MR-O	71.82	74	22	0.7351		160	172.5	-182.5	172.5		110	115	-117.5	115		220	230	240	240	527.5	387.765		2	2	9	9				
	Abdellah Chougali	MOR (2)	MR-O	70.85	74	21	0.7426		170	175	-180	175		120	-130	-130	120		220	230	-235	230	525	389.865		3	3	8	8				
	Fatah Toubal	ALG	MR-O	82.41	83	29	0.6703		280	-299.5	-299.5	280		160	170	175	175		270	290	-305	290	745	499.374		1		12					
	Mohammed Mikaeli Al Refadi	LIB (2)	MR-O	82.39	83	28	0.6704		230	245	250	250		147.5	152.5	-157.5	152.5		270	290	0	290	692.5	464.252		2	1	9	12				
	Abdelkader Toufik	MOR (2)	MR-O	80.81	83	30	0.6784		192.5	207.5	-220	207.5		115	120	-122.5	120		227.5	245	255	255	582.5	395.168		3	2	8	9				
	Amar Kanane	ALG	MR-O	93	93	44	0.6282		280	300	320	320		-165	165	172.5	172.5		290	310	-320.5	310	802.5	504.130	Best Lifter Open	1		12					
	Yousef Jamal Yacoub	KUW (A)	MR-O	91.41	93	50	0.6334		240	255	260	260		155	165	172.5	172.5		260	270	-275	270	702.5	444.964			1		12				
	Abbas Al-Obaidi	IRQ (A)	MR-O	92.17	93	46	0.6309		220	-240	0	220		140	155	-160	155		260	290	-295	290	665	419.549			2		9				
	Osman Tarek	EGY (2)	MR-O	93	93	45	0.6282		220	230	-235	230		145	160	-170	160		250	265	-277.5	265	655	411.471		2	3	9	8				
	Armand Bekker	RSA	MR-O	90.45	93	49	0.6368		210	-220	220	220		145	-150	-150	145		260	270	-275	270	635	404.368		3		8					
	Daoud Moubtakir	MOR (2)	MR-O	90.4	93	47	0.637		180	200	-220	200		150	155	-157.5	155		230	240	250	250	605	385.385				7	7				
	Mohammed Sahad	ALG	MR-O	104.24	105	54	0.5991		280	290	300	300		180	190	195	195		290	305	-327.5	305	800	479.280		1		12					
	Alseni Abdalkaleg Fenaer	LIB (2)	MR-O	103.96	105	53	0.5997		270	-280	-282.5	270		-172.5	172.5	185	185		270	300	-320	300	755	452.773		2	1	9	12				
	Mohamed Reda	EGY (2)	MR-O	99.58	105	55	0.6096		270	-280	-280	270		160	170	-175	170		270	280	-285	280	720	438.912		3	2	8	9				
	Hamza Toubi	MOR (2)	MR-O	103.78	105	56	0.6		-205	205	215	215		145	-155	155	155		230	245	-247.5	245	615	369.000			3	7	8				
	Mostapha Ajeddi	MOR (2)	MR-O	100.72	105	62	0.6069		180	-190	-195	180		145	150	-152.5	150		230	240	250	250	580	352.002				6	7				
	Tiana Gustave Fezan Bi	CIV	MR-O	118.48	120	69	0.5767		280	300	0	300		180	190	200	200		280	300	320	320	820	472.894		1		12					
	Abdelwafi Djenadi	ALG	MR-O	119.33	120	71	0.5757		270	285	295	295		177.5	-187.5	187.5	187.5		280	300	-340	300	782.5	450.485		2		9					
	Obaydallah Alisalim	LIB (2)	MR-O	116.83	120	77	0.5787		200	230	250	250		130	150	-160	150		220	230	260	260	660	381.942		3	1	8	12				
	Aljboree Ali Hussein	IRQ (A)	MR-O	113.93	120	79	0.5825		100	-130	0	100		100	0	0	100		150	0	0	150	350	203.875			2		9				
	Ebenezer Amraah	GHA	MR-O	137.83	120+	67	0.5601		295	325	355	355		180	220	-225	220		295	300	-335.5	300	875	490.088		1		12					
	Mohamed Mecabih	ALG	MR-O	142.5	120+	75	0.5573		330	350	360	360		160	-167.5	-167.5	160		275	300	317.5	317.5	837.5	466.739		2		9					
	Teeima Islam	EGY (2)	MR-O	121.1	120+	68	0.5737		-280	280	-300	280		180	200	-220	200		280	290	-300	290	770	441.749		3	1	8	12				
	Mohammed Mikaeli Al-Zaidi	IRQ (A)	MR-O	153.5	120+	76	0.5515		250	260	270	270		155	165	-170	165		230	250	270	270	705	388.808			2		9				

Classic Powerlifting Men

Team points - Africa

1	Algeria	60
2	Morocco	42
3	Libya	38
4	Egypt	25
5	Ghana	12
6	Ivory Coast	12
7	SouthAfrica	8

Best Lifter - Africa

1	Amar Kanane	Algeria	504.130
2	Fatah Toubal	Algeria	499.374
3	Ebenezer Amraah	Ghana	490.088

Team points - Arab

1	Iraq	51
2	Libya	48
3	Morocco	42
4	Egypt	29
5	Kuwait	12

Best Lifter - Arab

1	Mohammed Mikaeil Al Refadi	Libya	464.252
2	Alseni Abdikaleg Fenaer	Libya	452.773
3	Yousef Jamal Yacoub	Kuwait	444.964

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Classic Powerlifting - Women	Name	Team	Div	Bwt (kg)	WtCls (kg)	lot#	Wilks Coeff	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	Total	(2) Wilks Pts	Best Lifters	Place - African Champs	Place - Arab Champs	Team points - Africa	Team points - Arab
Master 2	Carol Anthony	RSA	FR-M2	51.64	52	3	1.2533	70	75	-80	75	42.5	45	-47.5	45	120	127.5	-133	127.5	247.5	310.192	Best Lifter Master 2	1		12	
	Penelope Rimmer	RSA	FR-M2	81.01	84	16	0.9087	95	-100	105	105	45	47.5	-50	47.5	110	117.5	125	125	277.5	252.164		1		9	
Team points - Africa		Best Lifter - Africa																								
1	South Africa	24			1	Carol Anthony			South Africa			310.192														
					2	Penelope Rimmer			South Africa			252.164														

20/10/2018		AFRICAN & ARAB POWERLIFTING CHAMPIONSHIPS 2018																								
Classic Powerlifting - Women	Name	Team	Div	Bwt (kg)	WtCls (kg)	lot#	Wilks Coeff	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	Total	(2) Wilks Pts	Best Lifters	Place - African Champs	Place - Arab Champs	Team points - Africa	Team points - Arab
Master 1	Vicki Botha	RSA	FR-M1	55.93	57	10	1.1778	110	120	130	130	70	-75	75	75	140	150	160	160	365	429.897	Best Lifter Master 1	1		12	
Team points - Africa		Best Lifter - Africa																								
1	South Africa	12			1	Vicki Botha			South Africa			429.897														

20/10/2018		AFRICAN & ARAB POWERLIFTING CHAMPIONSHIPS 2018																								
Classic Powerlifting - Women	Name	Team	Div	Bwt (kg)	WtCls (kg)	lot#	Wilks Coeff	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	Total	(2) Wilks Pts	Best Lifters	Place - African Champs	Place - Arab Champs	Team points - Africa	Team points - Arab
SubJunior	Leandre Venter	RSA	FR-SJ	56.24	57	5	1.1727	75	85	-90	85	-40	40	-50	40	85	-90	-90	85	210	246.267	Best Lifter Subjunior	1		12	
Team points - Africa		Best Lifter - Africa																								
1	South Africa	12			1	Leandre Venter			South Africa			246.267														

20/10/2018		AFRICAN & ARAB POWERLIFTING CHAMPIONSHIPS 2018																								
Classic Powerlifting - Women	Name	Team	Div	Bwt (kg)	WtCls (kg)	lot#	Wilks Coeff	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	Total	(2) Wilks Pts	Best Lifters	Place - African Champs	Place - Arab Champs	Team points - Africa	Team points - Arab
Junior	Nadia Chafnaj	MOR (2)	FR-J	49.76	52	2	1.2893	60	-65	-65	60	35	-45	-45	35	100	105	107.5	107.5	202.5	261.083		1	1	12	12
	Amaria Hocine	ALG	FR-J	61.33	63	12	1.0962	110	115	120	120	52.5	-55	55	55	130	-140	-140	130	305	334.341	Best Lifter Junior	1		9	
Team points - Africa		Best Lifter - Africa																								
1	Morocco	12			1	Amaria Hocine			Algeria			334.341														
2	Algeria	9			2	Nadia Chafnaj			Morocco			261.083														

		20/10/2018																						AFRICAN & ARAB POWERLIFTING CHAMPIONSHIPS 2018			
Classic Powerlifting - Women	Name	Team	Div	Bwt (kg)	WtCls (kg)	lot#	Wilks Coeff	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	Total	(2) Wilks Pts	Best Lifters	Place - African Champs	Place - Arab Champs	Team points - Africa	Team points - Arab	
Open	Hayat Garra	MOR (2)	FR-O	46.26	47	1	1.3603	70	85	95	95	70	75	-77.5	75	70	85	92.5	92.5	262.5	357.079		1	1	12	12	
	Zelia Brook-Sofianos	RSA	FR-O	51.88	52	4	1.2489	90	97.5	102.5	102.5	50	55	-57.5	55	115	122.5	130	130	287.5	359.059		1		12		
	Lara Alturk	SYR (A)	FR-O	56.33	57	9	1.1712	80	-90	90	90	50	57.5	62.5	62.5	100	115	125	125	277.5	325.008			1		12	
	Safia Kouri	ALG	FR-O	62.72	63	11	1.0776	145	155	163	163	65	70	72.5	72.5	170	180	-185	180	415.5	447.743	Best Lifter Open	1		12		
	Ibtihal Heyad	MOR (2)	FR-O	60.46	63	7	1.1083	70	-80	-80	70	40	45	-50	45	80	100	120	120	235	260.450		2	1	9	12	
	Zohra Tatar	ALG	FR-O	70.58	72	13	0.9892	130	137.5	142.5	142.5	60	65	-70	65	175	185	195	195	402.5	398.153		1		12		
	Fatima Balaj	MOR (2)	FR-O	68.09	72	15	1.0143	70	-80	-80	70	30	-40	-40	30	80	90	100	100	200	202.860		2	1	9	12	
	Megan Brook-Sofianos	RSA	FR-O	109.11	84+	17	0.8145	160	167.5	175	175	85	92.5	-97.5	92.5	160	172.5	180	180	447.5	364.489		1		12		
	Touria Kendouci	ALG	FR-O	116.75	84+	18	0.8036	165	175	180	180	65	70	72.5	72.5	160	170	-180	170	422.5	339.521		2		9		

Team points - Africa

1	Algeria	33
2	Morocco	30
3	South Africa	24

Best Lifter - Africa

1	Safia Kouri	Algeria	447.743
2	Zohra Tatar	Algeria	398.153
3	Megan Brook-Sofianos	South Africa	364.489

Team points - Arab

1	Morocco	36
2	Syria	12

Best Lifter - Arab

1	Hayat Garra	Morocco	357.079
2	Lara Alturk	Syria	325.008
3	Ibtihal Heyad	Morocco	260.45

18/10/2018		AFRICAN & ARAB POWERLIFTING CHAMPIONSHIPS 2018																		
Classic Bench - Men	Name	Team	Div	Bwt (kg)	WtCls (kg)	Wilks Coeff			BP-1	BP-2	BP-3			Total	(2) Wilks Pts			Best Lifter	Place - African Champs	Place Arab Champs
Master 1	Ziad Mohamed Tawfik	SYR (A)	MR-M1	94.69	105	0.623			70	80	85			85	52.955					1
Master 3	Colin Young	RSA	MR-M3	103.9	105	0.5998			165	-175	-175			165	98.967			Best Master 3	1	
Open	Fethi Hamdani	ALG	MR-O	74	74	0.7193			150	155	162.5			162.5	116.886				1	
	Saber Kebab	ALG	MR-O	83	83	0.6675			167.5	172.5	177.5			177.5	118.481				1	
	Abdelaali Mansouri	ALG	MR-O	92.3	93	0.6305			175	-185	-185			175	110.338				1	
	Yousef Jamal Yacoub	KUW (A)	MR-O	93	93	0.6282			140	145	-177.5			145	91.089					1
	Youghorta Zahnoun	ALG	MR-O	102.5	105	0.6028			187.5	-197.5	202.5			202.5	122.067				1	
	Obaydallah Alisalim	LIB (2)	MR-O	118.78	120	0.5763			120	140	155			155	89.327				1	1
	Ilyas Boughalem	ALG	MR-O	154	120+	0.5512			255	265	270			270	148.824			Best Open	1	
	Hamoud Bandar	KUW (A)	MR-O	129.52	120+	0.566			100	110	-120			110	62.260					1
18/10/2018		AFRICAN & ARAB POWERLIFTING CHAMPIONSHIPS 2018																		
Classic Bench - Women	Name	Team	Div	Bwt (kg)	WtCls (kg)	Wilks Coeff			BP-1	BP-2	BP-3			Total	(2) Wilks Pts			Best Lifter	Place - African Champs	Place Arab Champs
Master 2	Joan Swart	RSA	FR-M2	56.16	57	1.174			50	-55	-55			50	58.700			Best Master 2	1	
Open	Lara Alturk	SYR (A)	FR-O	55.85	57	1.1791			50	55	60			60	70.746					1

		19/10/2018 AFRICAN & ARAB POWERLIFTING CHAMPIONSHIPS 2018																							
Equipped Powerlifting - Men	Name	Team	Div	Bwt (kg)	WtCls (kg)	lot#	Wilks Coeff	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	Total	Points	Best Lifter	Place - African Champs	Place - Arab Champs	
Open	Osman Tarek	EGY (2)	ME-O	93	93	6	0.6282	260	280	-300	280	140	180	0	180	270	290	300	300	760	477.432	Best Open	1		
	Zaid Mohamed Tawfik	SYR (A)	ME-O	94.9	105	10	0.6223	80	-110	110	110	70	-90	-90	70	125	140	150	150	330	205.359			1	
		19/10/2018 AFRICAN & ARAB POWERLIFTING CHAMPIONSHIPS 2018																							
Equipped Powerlifting - Women	Name	Team	Div	Bwt (kg)	WtCls (kg)	lot#	Wilks Coeff	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	Total	Points	Best Lifter	Place - African Champs	Place - Arab Champs	
Master 2	Joan Swart	RSA	FE-M2	56.16	57	1	1.174	85	90	95	95	55	60	-65	60	122.5	130	135	135	290	340.460	Best Master 2	1		
Master 1	Vicki Botha	RSA	FE-M1	55.84	57	2	1.1792	145	155	160	160	70	-80	80	80	150	160	-170	160	400	471.680	Best Master 1	1		
Open	Lara Alturk	SYR (A)	FE-O	55.85	57	3	1.1791	100	-110	110	110	50	55	60	60	100	110	120	120	290	341.939			1	
	Christi de Jager	RSA	FE-O	92.78	84+	5	0.8537	140	157.5	165	165	120	130	-137.5	130	130	145	155	155	450	384.165	Best Open	1		
	Jacqui Rees	RSA	FE-O	94.99	84+	4	0.8464	160	175	-185	175	100	-110	-110	100	152.5	170	-177.5	170	445	376.648		2		
		19/10/2018 AFRICAN & ARAB POWERLIFTING CHAMPIONSHIPS 2018																							
Equipped Bench - Women	Name	Team	Div	Bwt (kg)	WtCls (kg)	lot#	Wilks Coeff					BP-1	BP-2	BP-3	Best BP					Total	Points	Best Lifter	Place - African Champs	Place - Arab Champs	
Master 2	Joan Swart	RSA	FE-M2	56.16	57	1	1.174					55	60	-65	60					60	70.440	Best Master 2	1		
Open	Lara Alturk	SYR (A)	FE-O	55.85	57	3	1.1791					50	55	60	60					60	70.746			1	
	Christi de Jager	RSA	FE-O	92.78	84+	5	0.8537					120	130	-137.5	130					130	110.981	Best Open	1		
		19/10/2018 AFRICAN & ARAB POWERLIFTING CHAMPIONSHIPS 2018																							
Equipped Bench - Men	Name	Team	Div	Bwt (kg)	WtCls (kg)	lot#	Wilks Coeff					BP-1	BP-2	BP-3	Best BP		DL-1	DL-2	DL-3	Best DL	Total	Points	Best Lifter	Place - African Champs	Place - Arab Champs
Open	Zaid Mohamed Tawfik	SYR (A)	ME-O	94.9	105	10	0.6223					70	-90	-90	70						70	43.561			1
Master 3	Colin Young	RSA	ME-M3	103.95	105	9	0.5997					165	170	175	175						175	104.9475	Best Master 3	1	