

GET TO KNOW...

ANDY BOLTON

What superhero power would you most like to possess? That would have to be invisibility. Can you imagine how fun that would be?

What is your idea of perfect happiness? To be a strength coach with the NFL and live in a warm climate with my wife and daughter.

What is your greatest fear? That's easy: small spaces. When I'm in an elevator and the doors don't open right away, I start to sweat and panic.

What is the trait you most deplore in yourself? I go on and on about the same thing over and over, and I plan too much.

What is the trait you most deplore in others? I don't like two-faced people. If you have something to say, say it. I will get over it.

What is your greatest extravagance? I don't really have one, except maybe my PS3 plus 20 of the top games that I never play but seem to keep buying.

What is your current state of mind? Right now pretty excited about lifting at the BullFarm meet on Oct. 8.

On what occasion do you lie? Only to the wife, and only white lies when I come in late after drinking. (She is asleep and I say I was in bed hours ago!)

What do you most dislike about your appearance? My fat head. It doesn't look good in photos.

What do you most value in your friends? I value honesty and I like to be told the truth about things. I don't want smoke blown up my arse.

What or who is the greatest love of your life? My five-year-old daughter, Madison. She makes me smile every day ... and cry!

What is your most treasured possession? My power-lifting kit.

When and where were you happiest? When I was in Florida with my wife and daughter earlier this year.

If you could change one thing about yourself, what would it be? Not to be so hard on people. Sometimes I open my mouth without thinking.

What do you consider your greatest achievement? Pulling 1,000 lbs. for the first time.

What is your most marked characteristic? Patience, in that I don't have any.

What is your greatest regret? I don't regret anything. What's done is done. Never look back.

Which talent would you most like to have? To be as fast, if not faster than Usain Bolt. Imagine that!

What is your motto? Always follow your dreams.

Which living person do you most admire? Usain Bolt. The man is a superstar.

Who is your favorite hero of fiction? Rocky Balboa.

If you were to die and come back as a person or thing, what do you think it would be? A silverback gorilla, just so I could see how much I could deadlift.

What is your favorite movie? Shawshank Redemption.

Who is your favorite lifter? Right now David Hoff is lifting complete and consistent. Plus, he is a really nice guy.

What do you prefer: single-ply, multi-ply or raw? Multi-ply. I like to push my body as hard as it will go.

Are you married? In a relationship? I am married to Stacy from the USA, seven years on Oct. 15!

Other than yourself, who would you like to see on the next cover of Power? Joonas from Finland. He is so strong and young!

