

WDFPF European Single Lift Champion 20 Sep 2025: Horncastle																								
Place	Name	Sex	Age	Country	Equipment	Division	bodyweight	height	Class	Squat1Kg	Squat2Kg	Squat3Kg	est3Squat	Bench1Kg	Bench2Kg	Bench3Kg	est3Bench	Deadlift1Kg	Deadlift2Kg	Deadlift3Kg	est3Deadlift	TotalKg	Points	Event
1	Sinead Farrell	F	43	IRE	UNEQ	M1	57.1	58.5		102.5	105	107.5		107.5								107.5	95.72	Squat
1	Tamsin Middleton	F	42	GBR	UNEQ	M1	61.8	63		102.5	107.5	112.5		112.5								112.5	93.97	Squat
1	Alisa Lumthong	F	46	IRE	UNEQ	M2	50	50.5		82.5	85	87.5		87.5								87.5	87.22	Squat
1	Jen Aulman	F	53	GBR	UNEQ	M3	78.6	80		100	110	115		115								115	80.31	Squat
1	Christine Weetman	F	55	GBR	UNEQ	M4	88	90		115	125	127.5	130	127.5								127.5	82.54	Squat
1	Kathryn Loxton	F	35	GBR	UNEQ	OPEN	60.3	63		60	67.5	72.5		72.5								72.5	61.76	Squat
1	Leah Veronese	F	32	GBR	UNEQ	OPEN	109.5	90+		110	120	130		110								110	62.42	Squat
1	Michelle Franklin EQ	F	59	GBR	EQ	M4	69.8	70		110	120	127.5		127.5								127.5	96.98	Squat
1	Lenka Zemankova EQ	F	39	GBR	EQ	OPEN	101.1	90+		125	142.5	162.5		142.5								142.5	84.65	Squat
1	Amanda Pantton	F	43	GBR	UNEQ	M1	57.7	58.5						65	60	62.5	65					65	57.38	Bench
2	Sinead Farrell	F	43	IRE	UNEQ	M1	57.1	58.5						57.5	60	62.5	60					60	53.43	Bench
1	Tamsin Middleton	F	42	GBR	UNEQ	M1	61.8	63						52.5	57.5	60	60					60	50.12	Bench
1	Emma Whiteman	F	44	GBR	UNEQ	M1	89.6	90						75	80	82.5	75					75	47.99	Bench
1	Alisa Lumthong	F	46	IRE	UNEQ	M2	50	50.5						40	42.5	45	45					45	44.85	Bench
1	Jen Aulman	F	53	GBR	UNEQ	M3	78.6	80						55	60	63	60					60	41.9	Bench
1	Nicola Bury	F	56	IRE	UNEQ	M4	62	63						40	42.5	45	42.5					42.5	35.41	Bench
1	Manon Bradley	F	58	GBR	UNEQ	M4	69.2	70						70	75	77.5	75					75	57.42	Bench
1	Mary Anderson	F	58	GBR	UNEQ	M4	76.3	80						72.5	75	77.5	77.5					77.5	55.26	Bench
1	Christine Weetman	F	55	GBR	UNEQ	M4	88	90						60	67.5	72.5	60					60	38.84	Bench
2	Julie Rose	F	57	GBR	UNEQ	M4	83.5	90						52.5	57.5	57.5	57.5					57.5	38.53	Bench
1	Karen Towersey	F	59	GBR	UNEQ	M4	102.5	90+						67.5	72.5	75	75					75	44.2	Bench
1	Julia Graham	F	65	GBR	UNEQ	M6	69.3	70						37.5	40	42.5	42.5					42.5	32.5	Bench
1	Helen Guerin	F	65	IRE	UNEQ	M6	78.7	80						40	42.5	45	45					45	31.4	Bench
1	Kathryn Loxton	F	35	GBR	UNEQ	OPEN	60.3	63						35	37.5	40	37.5					37.5	31.94	Bench
1	Stephanie Laver	F	34	GBR	UNEQ	OPEN	85.7	90						65	70	72.5	72.5					72.5	47.75	Bench
1	Michelle Franklin EQ	F	59	GBR	EQ	M4	69.8	70						65	72.5	82.5	82.5					82.5	62.75	Bench
1	Mary Anderson EQ	F	58	GBR	EQ	M4	76.3	80						85	87.5	90	90					90	64.17	Bench
1	Kelly Clark EQ	F	60	GBR	EQ	M5	74.1	80						65	67.5	70	70					70	50.97	Bench
1	Lenka Zemankova EQ	F	39	GBR	EQ	OPEN	101.1	90+						85	92.5	97.5	92.5					92.5	54.95	Bench
1	Anastasiia Malysheva	F	23	UKR	UNEQ	JUNIOR	68.8	70										85	100	110	100	100	76.89	Deadlift
1	Sinead Farrell	F	43	IRE	UNEQ	M1	57.1	58.5						130	137.5	140	140	140	140	140	140	140	124.66	Deadlift
1	Sinead Hegarty	F	41	IRE	UNEQ	M1	60.9	63						135	142.5	147.5	142.5	142.5	142.5	142.5	142.5	142.5	120.42	Deadlift
1	Emma Whiteman	F	44	GBR	UNEQ	M1	89.6	90						165	177.5	187.5	187.5	187.5	187.5	187.5	187.5	187.5	119.98	Deadlift
1	Alisa Lumthong	F	46	IRE	UNEQ	M2	50	50.5						105	107.5	110	110	110	110	110	110	109.64	Deadlift	
1	Jen Aulman	F	53	GBR	UNEQ	M3	78.6	80						130	140	150	150	150	150	150	150	104.75	Deadlift	
1	Angela Joiner-Handy	F	56	GBR	UNEQ	M4	51.9	53						115	122.5	127.5	122.5	122.5	122.5	122.5	122.5	118.22	Deadlift	
1	Nicola Bury	F	56	IRE	UNEQ	M4	62	63						100	110	113.5	110	110	110	110	91.65	Deadlift		
1	Christine Weetman	F	55	GBR	UNEQ	M4	88	90						150	160	167.5	150	150	150	150	97.1	Deadlift		
2	Julie Rose	F	57	GBR	UNEQ	M4	83.5	90						105	115	120	115	115	115	115	77.06	Deadlift		
1	Karen Towersey	F	59	GBR	UNEQ	M4	102.5	90+						125	140	140	140	140	140	140	82.5	Deadlift		
1	Julia Graham	F	65	GBR	UNEQ	M6	69.3	70						95	102.5	110	110	110	110	110	84.12	Deadlift		
1	Helen Guerin	F	65	IRE	UNEQ	M6	78.7	80						85	90	95	95	95	95	95	66.29	Deadlift		
1	Pat Reeves	F	79	GBR	UNEQ	M8	48	50.5						65	70	72.5	72.5	72.5	72.5	72.5	74.91	Deadlift		
1	Lydia Brightman-Gray	F	33	GBR	UNEQ	OPEN	58.1	58.5						125	135	142.5	125	125	125	125	109.73	Deadlift		
1	Kathryn Loxton	F	35	GBR	UNEQ	OPEN	60.3	63						85	92.5	100	92.5	92.5	92.5	92.5	78.79	Deadlift		
1	Katie Masters	F	33	GBR	UNEQ	OPEN	66.1	70						150	160	170	160	160	160	160	126.82	Deadlift		
1	Arlethia Hunt	F	32	GBR	UNEQ	OPEN	75.7	80						155	167.5	170	170	170	170	170	121.9	Deadlift		
1	Leah Veronese	F	32	GBR	UNEQ	OPEN	109.5	90+						110	120	130	130	130	130	130	73.77	Deadlift		
1	Lacey Amey	F	17	GBR	UNEQ	T2	51.7	53						100	107.5	117.5	117.5	117.5	117.5	117.5	113.77	Deadlift		
1	Holly-Grace Donnelly	F	19	GBR	UNEQ	T3	62.4	63						100	115	122.5	115	115	115	95.32	Deadlift			
1	Michelle Franklin EQ	F	59	GBR	EQ	M4	69.8	70						120	135	142.5	142.5	142.5	142.5	142.5	108.39	Deadlift		
1	Mary Anderson EQ	F	58	GBR	EQ	M4	76.3	80						165	170	175	165	165	165	117.65	Deadlift			
1	Kelly Clark EQ	F	60	GBR	EQ	M5	74.1	80						110	125	140	140	140	140	101.93	Deadlift			
1	Arlethia Hunt EQ	F	32	GBR	EQ	OPEN	75.7	80						165	175	180	180	180	180	129.07	Deadlift			
1	Lenka Zemankova EQ	F	39	GBR	EQ	OPEN	101.1	90+						152.5	162.5	175.5	162.5	162.5	162.5	96.53	Deadlift			
1	Diljeet Singh	M	40	GBR	UNEQ	M1	67.2	67.5	155	150	155		155									155	112.95	Squat
2	Niall Nelligan	M	40	GBR	UNEQ	M1	64.6	67.5	90	97.5	105		105									105	79.35	Squat
1	Frederik Derycke	M	40	BEL	UNEQ	M1	108.9	110	165	177.5	185		185									185	99.49	Squat
1	Russell Kirby	M	54	GBR	UNEQ	M3	98	100	165	175	185		185									185	103.42	Squat
1	Lee Hyne	M	59	GBR	UNEQ	M4	86.7	90	140	160	180		180									180	107.83	Squat
1	Aldus Vistartas EQ	M	48	GBR	EQ	M2	81.8	82.5	170	182.5	185		185									185	115.25	Squat
1	Lee Hyne EQ	M	59	GBR	EQ	M4	86.7	90	150	170	170		170									170	101.84	Squat
1	Richard Scott EQ	M	63	GBR	EQ	M5	89.2	90	160	175	175.5		175.5									175.5	103.27	Squat
1	Roberto Gianello EQ	M	70	ITA	EQ	M7	69.4	75	140	145	150.5	153	150.5									150.5	106.6	Squat
1	Michael Amey EQ	M	75	GBR	EQ	M8	78.6	82.5	160	170	191		181									181	116.04	Squat
1	Lewis Jones EQ	M	26	GBR	EQ	OPEN	105.1	110	230	290	300		290									290	157.61	Squat
1	Alexander Hamilton EQ	M	27	GBR	EQ	OPEN	121.9	125	270	290	300		290									290	152.24	Squat
1	Niall Nelligan	M	40	GBR	UNEQ	M1	64.6	67.5					55	60	65	60						60	45.34	Bench
1	Mark Upton	M	41	GBR	UNEQ	M1	101.2	110					155	155	155	155						155	85.43	Bench
2	Frederik Derycke	M	40	BEL	UNEQ	M1	108.9	110					140	150	150	140						140	75.29	Bench
1	John Gavin Walker	M	85	GBR	UNEQ	M10	95.1	100					70	75.5	75.5	70						70	39.72	Bench
1	Daniel Amey	M	46	GBR	UNEQ	M2	89.2	90					110	130	140	140						140	82.38	Bench
2	Fabrice Verdure	M	46	FSFA	UNEQ	M2	89.8	90					100	115	120	120						120	70.33	Bench
1	Ashley Thompson	M	49	GBR	UNEQ	M2	99.9	100					140	150	152.5	152.5						152.5	84.51	Bench</

1	Alan Twigg	M	77	GBR	UNEQ	M8	87.2	90										135	155	-160	155	155	92.51	Deadlift
1	William (Bill) Goy	M	81	GBR	UNEQ	M9	98.9	100										140	160	175	175	175	97.42	Deadlift
1	Brandon Jhall	M	30	GBR	UNEQ	OPEN	82.4	82.5										220	235	-237.5	235	235	145.65	Deadlift
2	Nathan Brookes-Ashton	M	35	GBR	UNEQ	OPEN	81.5	82.5										205	215	-225	215	215	134.28	Deadlift
1	Baljit Cheema	M	37	GBR	UNEQ	OPEN	87.5	90										205	-222.5	-222.5	205	205	122.08	Deadlift
1	Marcelo Seabra	M	27	GBR	UNEQ	OPEN	113.6	125										260	280	-300	280	280	149.13	Deadlift
2	Joseph Fitzpatrick	M	39	GBR	UNEQ	OPEN	113.7	125										255	-267.5	-267.5	255	255	135.79	Deadlift
1	Jonah Reynolds Allen	M	15	GBR	UNEQ	T1	53.6	56										95	105	107.5	107.5	107.5	98.77	Deadlift
1	Calden Whiteman	M	36	GBR	UNEQ	T2	74	75										210	220	-230.5	220	220	147.74	Deadlift
2	Nathaniel Sutcliffe	M	17	GBR	UNEQ	T2	73	75										152.5	165	-172.5	165	165	112.02	Deadlift
1	Aidas Vistartas EQ	M	48	GBR	EQ	M2	81.8	82.5										215	225	-230	225	225	140.16	Deadlift
1	Daniel Arney EQ	M	46	GBR	EQ	M2	89.2	90										220	230	-242.5	242.5	242.5	142.7	Deadlift
1	Roberto Gianello EQ	M	70	ITA	EQ	M7	69.4	75										185	190	-193.5	190	190	134.58	Deadlift
DQ	Michael Phillips EQ	M	70	GBR	EQ	M7	79.1	82.5										-160						Deadlift
1	Michael Arney EQ	M	75	GBR	EQ	M8	78.6	82.5										190	200.5	-207.5	200.5	200.5	128.55	Deadlift
1	Roger Little EQ	M	83	GBR	EQ	M9	67.2	67.5										110	-122.5	-122.5	110	110	80.16	Deadlift
1	Luca Viazzo EQ	M	33	ITA	EQ	OPEN	78.8	82.5										170	190	-197.5	190	190	121.59	Deadlift
1	Jan Turba EQ	M	38	GBR	EQ	OPEN	86.3	90										270	290	300	300	300	180.25	Deadlift
1	Lewis Jones EQ	M	26	GBR	EQ	OPEN	105.1	110										275	285	-300	285	285	154.89	Deadlift