





## 3rd. NAPF North American Regional Bench Press Championship Cartago, Costa Rica / September 26 - 27 2008

Name	Age	Div	BWt (Kg)	WtClis (Kg)	Coeff	Bench 1	Bench 2	Bench 3	Best Bench	Wilks Total	Placing Div-WtCl	Pl- Pts	Team
Ricardo Alvarado	1992	M-SJNA	57.2	60	0.8919	75	80	87.5	87.5	78.04	1-M-SJNA	12	CRC
Adrian Alvarado	1990	M-SJNA	63	67.5	0.8166	-85	85	92.5	92.5	75.54	2-M-SJNA	9	CRC
Allen Jordon	1991	M-SJNA	94.1	100	0.6247	-85	85	-105	85	53.10	3-M-SJNA	8	CRC

Female Best Lifter      Maguena de Caballeros      125.03

Male Best Lifter      Timothy Anderson      166.52

Female Team      1 Costa Rica      55 points  
                         2 Guatemala      24 points

Male Team      1 USA      66 points  
                         2 Costa Rica      60 points  
                         3 Guatemala      41 points  
                         4 British VI      12 points  
                         5 Canada      7 points