

GET TO KNOW...

DAVID HOFF

What superhero power would you most like to possess? The Incredible Hulk. I envy his hulk jumps.

What is your idea of perfect happiness? Friends, family, Westside Barbell and a world record.

What is your greatest fear? Letting my teammates and gym down.

What is the trait you most deplore in yourself? A.D.D.

What is the trait you most deplore in others? Hating. It gets old, and no matter what someone is always going to have a problem with something.

What is your greatest extravagance? Being invited to train at Westside Barbell.

What is your current state of mind? Hungry.

On what occasion do you lie? On what occasion do you lie ?

What do you most dislike about your appearance? The good lord made me how I am, and I'm cool with that.

What do you most value in your friends? Honesty and loyalty.

What or who is the greatest love of your life? Chara Grace Barker and Westside Barbell.

When and where were you happiest? Im happy right now. I'm surrounded by the best people any one could ask for.

If you could change one thing about yourself, what would it be? I want Arnold biceps – the twin peaks!

What do you consider your greatest achievement? I think it's a tie between being the first ever at Westside to bench 900 lbs. As well as having the highest total ever posted at Westside barbell: 2,770 at 275 lbs.

What is your most treasured possession? My two bull terriers.

What is your most marked characteristic? My carefree attitude.

Which historical figure do you most identify with? General Patton and King David from the Bible.

What is your greatest regret? Not making 242 lbs. when I was lighter.

Which talent would you most like to have? I would like to have the Incredible Hulk's angry rage strength, so squats benches and deadlifts are easier.

What is your motto? WESTSIDE!!!!!!!!!!!!!!!!!!!!!!

Which living person do you most admire? Arnold Schwarzenegger. He's accomplished so much in his life.

Who is your favorite hero of fiction? Conan the Barbarian.

If you were to die and come back as a person or thing, what do you think it would be? A Liger – half lion, half tiger. They are real. YouTube it.

What is your favorite movie? Dumb and Dumber.

Who is your favorite lifter? Chuck Vogelpohl, Ryan Kennelly.

What do you prefer: single-ply, multi-ply or raw? I don't have any single-ply, but I like multi-ply and raw.

Are you married? In a relationship? In a relationship! Marriage is just around the corner. Time to settle down.

Besides yourself, who would you like to see on the next cover of Power? Garry Frank! He paved the way for all huge totals!

