

GET TO KNOW...

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What superhero power would you most like to possess? Bane [known as "The Man Who Broke the Bat"] because he's stronger and has mind control over Batman.

What is your idea of perfect happiness? Crushing a big PR meet total and hanging out with my awesome wife and good friends. Maybe tie a buzz on, as well.

What is your greatest fear? Underachieving.

What is the trait you most deplore in yourself? My A.D.D.

What is the trait you most deplore in others? Lying.

What is your greatest extravagance? Going out to eat a lot.

What is your current state of mind? I'm chilled. Just ate two apple turnovers and drank a quart of milk.

On what occasion do you lie? I don't; I just hurt feelings.

What do you most dislike about your appearance? My fat face and my fupa. Nah, kidding. I don't like my fat forehead.

What do you most value in your friends? Dependability and knowing they have your back.

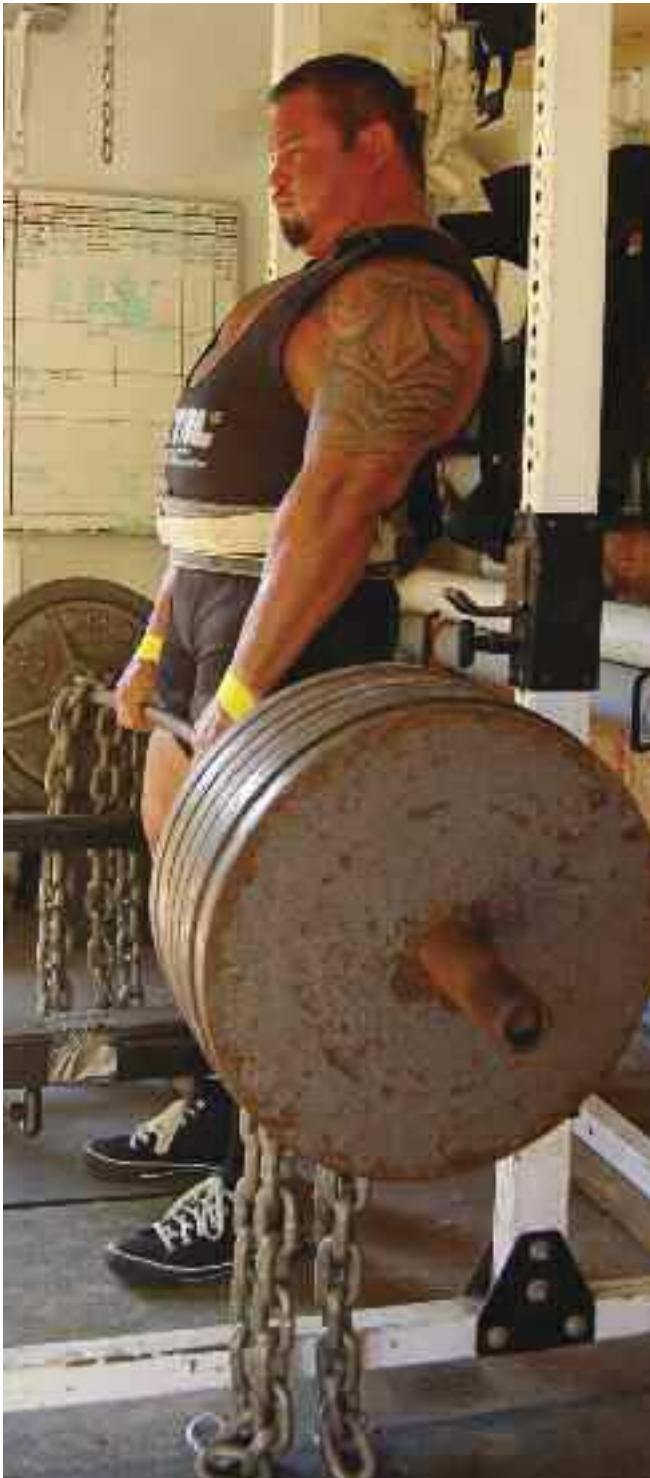
What or who is the greatest love of your life? Who? Ria Chennel Carroll. What? Powerlifting.

When and where were you happiest? I'm pretty happy now. I work for myself and make my own schedule.

If you could change one thing about yourself, what would it be? My impatience.

What do you consider your greatest achievement? Being ranked in the top 10 all-time in total, in three different weight class at the same time (currently).

What is your most treasured possession? My 2001 Ford F-150 lighting. And my two pit bulls.



What is your most marked characteristic? Probably/unfortunately my sarcastic smile/smirk.

Which historical figure do you most identify with? Ha, ha, probably nobody.

What is your greatest regret? Not achieving more in meets when I was lighter.

Which talent would you most like to have? Be a top Parkour dude.

What is your motto? Listen to your body and if someone is overly nice, it's for a reason: They need something from you.

Which living person do you most admire? I admire many.

Who is your favorite hero of fiction? The person who always squats way deeper than everyone else.

If you were to die and come back as a person or thing, what do you think it would be? Myself in high school. I would really live it up.

What is your favorite movie? Fight Club, Snatch and Pulp Fiction.

Who is your favorite lifter? Lots: Stan Efferding, Weech, those Russian freaks (a few of them), Evgeniy Yarmybash, Shawn Frankl, Dave Hoff, Michael Cartinean and Al Caslow.

What do you prefer: single-ply, multi-ply or raw? All of them, just don't put yourself on a pedestal.

Are you married? In a relationship? Married one year in July.

Besides yourself, who would you like to see on the next cover of Power? Dave Hoff. It's his time, for sure!

He's on a rampage.