

2° EDITION DU SUPERPHYSIQUE GAMES

14 Juillet 2017 – Annecy

Performances Hommes + 80 kg

| | DEVELOPPE COUCHE PIEDS EN L'AIR | TRACTION | SQUAT | DIPS | ROWING PLANCHE | RAMEUR |
|-----------------------------------|--|------------------|--------------|------------------|---------------------------|---------------|
| Rudy Coia (3°) | 19×100 kg | 27xBW + 15 kg | 23×120 kg | 20xBW + 35 kg | 29×70 kg | 1'22 »6 |
| Morgan (5°) | 22×100 kg | 18xBW + 15 kg | 24×120 kg | 19xBW + 35 kg | 26×70 kg | 1'34 |
| Vince (2°) | 20×100 kg | 19xBW + 15 kg | 33×120 kg | 23xBW + 35 kg | 30×70 kg | 1'25 »6 |
| Clément (1°) | 25×100 kg | 26xBW + 15 kg | 31×120 kg | 24xBW + 35 kg | 32×70 kg | 1'23 »6 |
| Ben (8°) | 8×100 kg | 15xBW + 15 kg | 26×120 kg | 14xBW + 35 kg | 17×70 kg | 1'29 »5 |
| Jimmy (7°) | 18×100 kg | 16xBW + 15 kg | 24×120 kg | 13xBW + 35 kg | 23×70 kg | 1'32 |
| Mat Gribouille (4°) | 22×100 kg | 14xBW + 15 kg | 36×120 kg | 13xBW + 35 kg | 19×70 kg | 1'29 »7 |
| Kilian (6°) | 18×100 kg | 16xBW + 15 kg | 0x120 kg | 22xBW + 35 kg | 27×70 kg | 1'32 »2 |
| Geoffrey (9°) | 15×100 kg | 14xBW + 15 kg | 26×120 kg | 14xBW + 35 kg | 16×70 kg | 1'35 »4 |

Performances hommes – 80 kg

| | DEVELOPPE COUCHE PIEDS EN L'AIR | TRACTION | SQUAT | DIPS | ROWING PLANCHE | RAMEUR |
|--------------|--|-----------------|--------------|-------------|---------------------------|---------------|
| Lucas | 16×85 kg | 15xBW + 10 | 40×100 | 34xBW + | 24×60 kg | 1'35 »9 |

| | DEVELOPPE COUCHE PIEDS EN L'AIR | TRACTION | SQUAT | DIPS | ROWING PLANCHE | RAMEUR |
|------------------------|--|------------------|--------------|------------------|---------------------------|---------------|
| (4°) | | kg | kg | 20 kg | | |
| Charlie (8°) | 11×85 kg | 19xBW + 10 kg | 20×100 kg | 21xBW + 20 kg | 20×60 kg | 1'45 »8 |
| Elias (2°) | 22×85 kg | 19xBW + 10 kg | 37×100 kg | 31xBW + 20 kg | 29×60 kg | 1'31 »8 |
| Sebichu (6°) | 13×85 kg | 23xBW + 10 kg | 30×100 kg | 30xBW + 20 kg | 23×60 kg | 1'38 »8 |
| David (1°) | 21×85 kg | 23xBW + 10 kg | 38×100 kg | 22xBW + 20 kg | 36×60 kg | 1'28 |
| Alex (5°) | 21×85 kg | 19xBW + 10 kg | 33×100 kg | 28xBW + 20 kg | 20×60 kg | 1'42 »5 |
| Vlad (3°) | 16×85 kg | 24xBW + 10 kg | 37×100 kg | 22xBW + 20 kg | 28×60 kg | 1'30 |
| Jacky (7°) | 15×85 kg | 19xBW + 10 kg | 26×100 kg | 21xBW + 20 kg | 27×60 kg | 1'34 »3 |

Performances Femmes

| | DEVELOPPE COUCHE | TRACTION | SQUAT | DIPS | ROWING PLANCHE | RAMEUR |
|--------------------------|-----------------------------|-----------------|--------------|-----------------|---------------------------|---------------|
| Aurore (3°) | 14×35 kg | 16xBW | 24×50 kg | 8xBW + 5 kg | 22×35 kg | 1'58 »03 |
| Florence (2°) | 23×35 kg | 10xBW | 29×50 kg | 12xBW + 5 kg | 26×35 kg | 1'55 »5 |
| Angélique (1°) | 28×35 kg | 6xBW | 41×50 kg | 12xBW + 5 kg | 26×35 kg | 1'54 »5 |
| Jess (6°) | 8×35 kg | 3xBW | 37×50 kg | 0xBW + 5 kg | 18×35 kg | 2'08 »6 |

| | DEVELOPPE COUCHE | TRACTION | SQUAT | DIPS | ROWING PLANCHE | RAMEUR |
|-------------------|-----------------------------|-----------------|--------------|-----------------|---------------------------|---------------|
| Emma (5°) | 23×35 kg | 4xBW | 11×50 kg | 2xBW + 5 kg | 17×35 kg | 1'55 »8 |
| Célinette (7°) | 14×35 kg | 0xBW | 19×50 kg | 0xBW + 5 kg | 15×35 kg | 2'00 »1 |
| Lucie (4°) | 22×35 kg | 15xBW | 4×50 kg | 15xBW + 5 kg | 17×35 kg | 2'09 »4 |